THE TERRACES AT ABIITAN

Events Calendar - The Terraces November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: Visitor Outing Routine *All activities are subject to change	2 10:30 AM ForeverWell w/ YMCA 11:15 AM Connie & Max the Dog 3:45 PM Discover Italy w/ Tommaso 6:00 PM Movie	3 10:30 AM Happy & Fit w/ Hettie & Tommaso 11:15 AM Chorus Review & Beloved Songs 3:45 PM Art w/ Hettie 6:00 PM Movie	4 ***Happy Birthday, Lou!*** 10:00 AM Connecting Voices Chorus at MacPhail 3:45 PM Musical Hangman w/ Hettie 6:00 PM Movie	5 11:00 AM Virtual Museum Tour 1:30 PM Chair Yoga w/ Elisabeth 3:45 PM Music, Games & Cupcakes w/ Mark & Tommaso 6:00 PM Movie	6 10:30 AM Happy & Fit w/ Tommaso 11:15 AM Exotic Animals w/ Mark 3:45 PM History of Comedy Series 6:00 PM Movie	7 11:00 AM Baking w/ Mark 3:45 PM Trivia Hour! 6:00 PM Movie
8 ***Happy Birthday, Denny!*** 11:00 AM Mindful Movement & Games 3:45 PM Art w/ Hettie 6:00 PM Movie	9 10:30 AM Happy & Fit w/ Hettie & Tommaso 11:15 AM Helen & Ozzy the Dog 11:45 AM Chorus Review 3:45 PM Belated World Pianist Day Celebration 6:00 PM Movie	10 11:00 AM Discover Italy w/ Tommaso 1:30 PM Chair Yoga w/ Elisabeth 4:00 PM Music & Movement Circle w/ Kirsten 6:00 PM Movie	11 ***Happy Birthday, Mary!*** 10:00 AM Connecting Voices Chorus at MacPhail 3:00 PM Stories of Courage: Honoring Veterans Day 3:45 PM Musical Bingo 6:00 PM Movie	12 9:00AM The Terraces Goes To... Thursday Musical Classical Concert 3:45 PM Beloved Songs Sing-Along 6:00 PM Movie	13 10:30 AM Happy & Fit w/ Tommaso 11:15 AM The History and Popularity of Unlucky Numbers w/ Mark + Unlucky Days Trivia 3:45 PM The Golden Age of Aviation 6:00 PM Movie	14 11:00 AM Baking w/ Mark 3:45 PM Trivia Hour! 6:00 PM Movie
15 11:00 AM Morning Movement & Games 3:45 PM Art w/ Hettie 6:00 PM Movie	16 10:30 AM Happy & Fit w/ Hettie & Tommaso 11:15 AM Connie & Max the Dog 3:45 PM Music w/ Matt on the Guitar 6:00 PM Movie	17 11:00 AM Wheel of Fortune Face-Off & Musical Hangman 1:30 PM Chair Yoga w/ Elisabeth 3:45 PM Indoor Yard Games 6:00 PM Movie	18 10:00 AM Connecting Voices Chorus at MacPhail 3:45 PM The Magic of Movie Sets w/ Tommaso 6:00 PM Movie	19 11:00 AM Celebrating Int'l Guiness World Records Day 1:30 PM Chair Yoga w/ Elisabeth 3:30 PM Nature Art & Science w/ Silverwood Park Naturalists 6:00 PM Movie	20 11:00 AM Baking w/ Mark 1:30 PM Comic Jam w/ Ezra 3:45 PM Turkey Talk: November Traditions 6:00 PM Movie	21 9:45 AM Concert Warm-Up at MacPhail 11:00 AM Connecting Voices Chorus Concert 3:45 PM Trivia Hour! 6:00 PM Movie
22 *No Life Enrichment Staff Today* 10:30 AM Sunday Matinee 1:30 PM Virtual Concert 3:30 PM Documentary 6:00 PM Movie	23 ***Happy Birthday, Lee!*** 10:30 AM Happy & Fit w/ Hettie & Tommaso 11:15 AM Helen & Ozzy the Dog 11:45 AM Trivia! 3:45 PM Piano Sing-Along w/ Lou Ann from MacPhail 6:00 PM Movie	24 10:45 AM Flower Arranging w/ Hettie 1:30 PM Chair Yoga w/ Elisabeth 4:00 PM Music & Movement Circle w/ Kirsten 6:00 PM Movie	25 ***Happy Birthday, Donneen!*** 11:15 AM Piano Sing-Along w/ Paula from MacPhail 3:45 PM November Birthdays and Cake + Games (Thanksgiving Family Feud) 6:00 PM Movie	26 ***Happy Thanksgiving!*** 8:30 AM Macy's Day Parade 11:00 AM Thanksgiving Fun and celebrations. 3:00 PM "Planes, Trains, and Automobiles" (1987) 6:00 PM Movie	27 11:00 AM Baking w/ Mark 3:15 PM Happy & Fit w/ Tommaso 3:45 PM Honoring Native American Heritage Day! 6:00 PM Movie	28 *No Life Enrichment Staff Today* 10:30 AM Sunday Matinee 1:30 PM Virtual Concert 3:30 PM Documentary 6:00 PM Movie
29 11:00 AM Mindful Movement & Games 3:45 PM Art w/ Hettie 6:00 PM Movie	30 10:30 AM Happy & Fit w/ Hettie & Tommaso 11:15 AM Trivia Hour! 3:45 PM Easing into the Holiday Season 6:00 PM Movie	1 11:00 AM Discover Italy w/ Tommaso 1:30 PM Chair Yoga w/ Elisabeth 3:45 PM Musical Bingo 6:00 PM Movie	2 11:00 AM Wheel of Fortune Face-Off & Musical Hangman 1:30 PM Comic Jam w/ Ezra 3:45 PM Group Storytelling 6:00 PM Movie	3 11:00 AM Beloved Songs Sing-Along 1:30 PM Chair Yoga w/ Elisabeth 3:30 PM Abiitan's Annual Memorial Service 6:00 PM Movie	4 11:00 AM Baking w/ Mark 3:15 PM Happy & Fit w/ Tommaso 3:45 PM Games w/ Mark 6:00 PM Movie	**Life Enrichment Team:** Tommaso Cammarano Hettie Stern Mark Lucker 612-257-1396 tommasocammarano@abiitan.org