

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: Visitor Outing Routine	Life Enrichment Team: Tommaso Cammarano Hettie Stern Mark Lucker tommasocammarano@abitan.org	29 Happy Birthday, Iris! 11:00 AM People Who Changed the World: Gloria Steinem 1:30 PM Comic Jam w/ Ezra 3:45 PM Music w/ Matt on the Guitar 6:00 PM Movie	30 10:30 AM Connecting Voices Chorus on The Terraces 3:45 PM Group Storytelling 6:00 PM Movie	1 10:45 AM What's In the Box? 11:15 AM Celebrating Julie Andrews' Birthday 3:45 PM Musical Hangman w/ Hettie 6:00 PM Movie	2 10:30 AM Reading w/ Mary 11:30 AM Fitness Friday 3:45 PM History of Comedy Series 6:00 PM Movie	3 10:30 AM MacPhail's Suzuki Students Present: Viola Recital 3:30 PM Documentary: "Everybody Dance" (2022) 6:00 PM Movie
4 No Life Enrichment Staff Today 10:30 AM Sunday Matinee 1:30 PM Virtual Concert 3:30 PM Documentary 6:00 PM Movie	5 10:30 AM ForeverWell w/ YMCA 11:15 AM Connie & Max the Dog 11:45 AM Chorus Review 3:45 PM Art w/ Hettie 6:00 PM Movie	6 Happy Birthday, Jim! 11:00 AM Genealogy & Word Games w/ Mark 3:45 PM Musical Bingo 6:00 PM Movie	7 10:30 AM Connecting Voices Chorus on The Terraces 3:45 PM Wheel of Fortune Face-Off 6:00 PM Movie	8 10:30 AM Reading w/ Mary 11:30 AM Morning Fitness 3:45 PM Humorous Holidays: Leif Erikson Day, National Hero Day, World Teachers Day 6:00 PM Movie	9 10:00 AM The Terraces goes to... In the Heart of the Beast Puppet & Mask Theatre 3:45 PM Music w/ Matt on the Guitar 6:00 PM Movie	10 No Life Enrichment Staff Today 10:30 AM Saturday Matinee 1:30 PM Virtual Concert 3:30 PM Documentary 6:00 PM Movie
11 Happy Birthday, Irene! 11:00 AM Baking w/ Mark 3:45 PM Musical Blast from the Past 6:00 PM Movie	12 Happy Indigenous Peoples' Day! 10:30 AM ForeverWell w/ YMCA 11:15 AM Helen & Ozzy the Dog 11:45 AM Chorus Review 3:45 PM Celebrating Indigenous Cultures 6:00 PM Movie	13 11:15 AM Art w/ Hettie 4:00 PM Music & Movement Circle w/ Kirsten 6:00 PM Movie	14 10:30 AM Connecting Voices Chorus on The Terraces 3:45 PM Wheel of Fortune Face-Off 6:00 PM Movie	15 11:00 AM "I Love Lucy" Anniversary 1:30 PM Chair Yoga w/ Elisabeth 3:30 PM Nature Art & Science w/ Silverwood Park Naturalists 6:00 PM Movie	16 10:30 AM Reading w/ Mary 11:30 AM Fitness Friday 3:45 PM Trivia Hour! 6:00 PM Movie	17 No Life Enrichment Staff Today 10:30 AM Saturday Matinee 1:30 PM Virtual Concert 3:30 PM Documentary 6:00 PM Movie
18 11:00 AM Chorus Review & Mindful Movement 3:45 PM Art w/ Hettie 6:00 PM Movie	19 10:30 AM ForeverWell w/ YMCA 11:15 AM What's In the Box? 3:45 PM Musical Bingo 6:00 PM Movie	20 11:15 AM Music w/ Roy on Harmonica 3:45 PM Indoor Yard Games 6:00 PM Movie	21 10:30 AM Connecting Voices Chorus on The Terraces 2:30 – 4:00 PM "How to Read a Painting: Colors" w/ Adrienne H. Lee 4:00 PM Wheel of Fortune Face-Off 6:00 PM Movie	22 11:15 AM Piano Sing-Along w/ Paula from MacPhail 1:30 PM Chair Yoga w/ Elisabeth 4:00 PM Games w/ Hettie 6:00 PM Movie	23 11:00 AM Baking w/ Mark 3:45 PM History of Comedy Series 6:00 PM Movie	24 No Life Enrichment Staff Today 10:30 AM Saturday Matinee 1:30 PM Virtual Concert 3:30 PM Documentary 6:00 PM Movie
25 11:00 AM Chorus Review & Mindful Movement 3:45 PM Art w/ Hettie 6:00 PM Movie	26 10:30 AM ForeverWell w/ YMCA 11:15 AM Helen & Ozzy the Dog 11:45 AM Trivia! 3:45 PM Music w/ Matt on the Guitar 6:00 PM Movie	27 11:00 AM Games w/ Hettie 4:00 PM Music & Movement Circle w/ Kirsten 6:00 PM Movie	28 10:30 AM Connecting Voices Chorus on The Terraces 3:45 PM Group Storytelling 6:00 PM Movie	29 11:00 AM "The Witches of Eastwick" (1987) 1:30 PM Chair Yoga w/ Elisabeth 3:45 PM Piano Sing-Along w/ Lou Ann from MacPhail 6:00 PM Movie	30 11:00 AM Halloween Dog Parade! 2:30 – 4:00 PM "How to Read a Painting: Symbols" w/ Adrienne H. Lee 4:00 PM Halloween Games 6:00 PM Movie	31 11:00 AM Baking w/ Mark 3:45 PM Trivia Hour! 6:00 PM Movie