



Events Calendar

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Abiitan's Life Enrichment Team is: Hettie Mark Tommaso	AR - Activity Room CR – Club Room L – Lobby/Outings T – Terraces Lib- Library K- Klassics Kitchen & Cocktails S.E – Special Event *All activities are subject to change			1 12:30 PM - AR Chair Yoga w/ Elis. 1:30 PM - AR “Music that tells a story” with Andrea Leap 4:00 PM - K Happy Hour 5 PM /7 PM - AR Film: "The Gold Rush" (1942)	2 11:30 AM - T Music w. Brandyn 1:30 PM - CR Mexican Train Group 3:15 PM – LIB Bridge Club 4:00 PM - K Happy Hour 5 PM/7 PM – AR Film: "For Love of the Game" (1999)	3 10:30 AM - I MacPhail Suzuki Students Viola Recital 1:00/4:00/7:00 AR Film: "Baby Mama" (2008)
4 3:30/7:00 PM- AR Film: "Michael Clayton" (2007)	5 9:30 AM – AR ForeverWell YMCA 10:30 AM - AR Big Questions 1:00 PM – CR Caregiver Support 3:00 PM – AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	6 10:00 AM – CR Community & Conversations 10 AM –1 PM - AR Midterm General Elections at Abiitan 1:30 PM – AR Chair Yoga w/ Elis. 4:00 PM - CR Men's Social Hour 5:00/7:00 PM - AR Film: TBD	7 1:15 PM – AR Tech Time 3:00 PM – AR ForeverWell YMCA 4:00 PM - K Women's Happy H. 5:00/7:00 PM - AR Film: TBD	8 12:30 PM - AR Chair Yoga w/ Elis. 1:30 PM - AR “Music that tells a story” with Andrea Leap 4:00 PM - K Happy Hour 7:00 PM – AR Film: TBD	9 9:30 AM – AR ForeverWell YMCA 2:00 PM - AR History w. Ethan 3:15 PM – LIB Bridge Club 3:45 PM - T Folk Music w. Matt Gogola on guitar 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Film: TBD	10 1/4/7 PM - AR Film: TBD
11 3:30/7:00 PM -AR Sunday Film: TBD	12 9:30 AM – AR ForeverWell YMCA 11:30 AM - AR Social Justice Group 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	13 10:00 AM – CR Community & Conversations 11:00 AM - AR Henry Berman: Update on The Iran War 12:30 PM - AR Chair Yoga w/ Elis. 4:00 PM - CR Men's Social Hour 5:00/7:00 PM - AR Film: TBD	14 10:30 AM - L Grocery Run 1:15 PM - AR Tech Time 2:30 PM – CR Alzheimer's Association Dementia Education 3:30 PM – AR "Talking Theater" with Carla Steen: “Kunene and the King” 4:00 PM - K Women's Happy Hour	15 10:30 AM – AR Assemble Packets for Aliveness Project 12:30 PM - AR Chair Yoga w/ Elis. 5:00/7:00 PM - AR Film: TBD	16 9:30 AM – AR ForeverWell YMCA 2:00 PM - AR History w. Ethan 3:15 PM – LIB Bridge Club 4:00 PM - K Happy Hour 5PM/7PM - AR Film: TBD	17 1/4/7 PM - AR Film: TBD
18 3:30/7:00 PM –AR Film: TBD	19 9:30 AM – AR ForeverWell YMCA 1:00 PM – CR Caregiver Support 3:00 PM – AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00PM- AR Series: TBD	20 10:00 AM – CR Community & Conversations 11:15 AM - T Music w. Roy G on Harmonica 12:30 PM - AR Chair Yoga w. Elis. 2:30 PM - AR AI Workshop w. Gary M. & Bill W 4:00 PM - CR Men's Social Hour 5:00/7:00PM - AR Fim: TBD	21 1:15 PM - AR Tech Time 2:30 PM - AR "How to Read a Painting: Colors" w. Adrienne H. Lee 4:00 PM - K Women's Happy Hour	22 11:15 AM - T Singalong w. Paula L. from MacPhail 12:30 PM - AR Chair Yoga w/ Elis. 5:00/7:00 PM – AR Film: TBD	23 9:30 AM – AR ForeverWell YMCA 1:30 PM - CR Mexican Train Group 3:15 PM – LIB Bridge Club 4:00 PM -K Happy Hour 5:00/7:00 PM-AR Film: TBD	24 1/4/7 PM - AR Film: TBD
25 1:30 PM Abiitan goes to: Collide Theatrical Dance Company's "Hollywood" (RSVP) 3:30/7:00 PM - AR Sunday Film: TBD	26 9:30 AM – AR ForeverWell YMCA 10:30 AM - AR Big Questions 3:00 PM – AR Español Olé w. Nancy 3:45 PM - T Folk Music w. Matt G. 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	27 10:00 AM – CR Community. & Conv. 12:30 PM - AR Chair Yoga w. Elis. 2:00 PM - CR Residents Council 4:00 PM - CR Men's Social Hour 5:00/7:00 PM – AR Film: TBD	28 10:30 AM - L Grocery Run 1:15 PM - AR Tech Time 2:30 PM – AR ForeverWell YMCA 3:30 PM - CR Book Club 4:00 PM - K Women's Happy Hour 4:30 PM - AR "Medicine Ball" + Q&A w. Producer Syd Bean and Director Leya Hale	29 12:30 PM - AR Chair Yoga w/ Elis. 3:45 PM - T Singalong w. Lou Ann from MacPhail 4:00 PM - K Happy Hour	30 9:30 AM – AR ForeverWell YMCA 11:00 AM - T Halloween Dog Parade 2:30 PM - AR "How to Read a Painting: Symbols" w. Adrienne H. Lee 3:15 PM – LIB Bridge Club 4:00 PM -K Happy Hour 5:00/7:00 PM-AR Film: TBD	31 1/4/7 PM - AR Film: TBD 5:30 PM - TBD Halloween Potluck