

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2026

Ecumen Seasons at Maplewood MC/EC Activities

				9:30 Breathe & Stretch 10:00 Trivia 1:30 October Birthdays Celebration 2:45 Word Game: Word Unscramble 6:00 Hand Massages	9:30 Stretch & Stand 10:00 Travel Brief 1:00 Creative Crafting 2:00 Fancy Nail Friday 3:00 Noodle Ball 6:00 Movie Night	9:30 Walking & Rolling 10:00 Seated Bowling 1:00 Sticker Art 2:00 Documentary 6:00 Aromatherapy & Tea Simchat Torah Begins
9:30 Sit & Stretch 10:00 Match Up Game 1:00 Songs of Worship 2:00 Color for Relaxation 6:00 Read Aloud Chicken Soup for the Soul	9:30 Sing & Stretch 10:00 UNO Card Game 1:00 Watercolor Art 2:00 Monday Dance Party 3:00 Pumkin Spice Hot Coco Social 6:00 Sounds of Nature	9:30 Strength & Stretch 10:00 Who/What/Where Guessing Game 1:00 BINGO 2:45 Pound Class 6:00 Nature Video: The Rocky Mountains	9:30 Scarves & Stretch 10:00 Reminisce & Baking 1:00 Clay Works 2:00 Balloon Volleyball 3:00 Name That Tune 6:00 Peaceful Puzzling	9:30 Breathe & Stretch 10:00 Sing Along 1:30 Happy Hour Social 2:45 Word Game: Fill in the Blank 6:00 Hand Massages	9:30 Stretch & Stand 10:00 Picture This Game 1:00 Creative Crafting 2:00 Fancy Nail Friday 3:00 Noodle Ball 6:00 Movie Night	9:30 Walking & Rolling 10:00 Seated Bowling 1:00 Sticker Art 2:00 Documentary 6:00 Aromatherapy & Tea
9:30 Sit & Stretch 10:00 Board Games 1:00 Songs of Worship 2:00 Color for Relaxation 6:00 Read Aloud Chicken Soup for the Soul	9:30 Sing & Stretch 10:00 Crazy 8's Cards 1:00 Watercolor Art 2:00 Monday Dance Party 3:00 Hot Apple Cider 6:00 Soft Sunset Music Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30 Strength & Stretch 10:00 Workshop 1:00 BINGO 2:00 Ring Toss 3:00 Color Collage 6:00 Nature Video: The Appalachian Mountains	9:30 Scarves & Stretch 10:00 Reminisce & Baking 1:00 Sand Works 2:00 Balloon Volleyball 3:00 Name That Tune 6:00 Peaceful Puzzling	9:30 Breathe & Stretch 10:00 Trivia 1:30 Entertainment by "The Guys" & Happy Hour Social 2:45 Word Game: Ryme Time 6:00 Hand Massages	9:30 Stretch & Stand 10:00 Short Story 1:00 Creative Crafting 2:00 Fancy Nail Friday 3:00 Noodle Ball 6:00 Movie Night	9:30 Walking & Rolling 10:00 Seated Bowling 1:00 Sticker Art 2:00 Documentary 6:00 Aromatherapy & Tea
9:30 Sit & Stretch 10:00 Dice Game 1:00 Songs of Worship 2:00 Color for Relaxation 6:00 Read Aloud Chicken Soup for the Soul	9:30 Sing & Stretch 10:00 Go Fish! 1:00 Watercolor Art 2:00 Monday Dance Party 3:00 Spiked Coffee Social 6:00 Soft Jazz Music	9:30 Strength & Stretch 10:00 Who/What/Where Guessing Game 1:00 BINGO 2:45 Pound Class 6:00 Nature Video: Mount Everest	9:30 Scarves & Stretch 10:00 Reminisce & Baking 1:00 Clay Works 2:00 Balloon Volleyball 3:00 Name That Tune 6:00 Peaceful Puzzling	9:30 Breathe & Stretch 10:00 Sing Along 1:30 Happy Hour Social 2:45 Word Game: Word Mining 6:00 Hand Massages	9:30 Stretch & Stand 10:00 Entertainment by "The Singing Cowgirl" 1:00 Creative Crafting 2:00 Fancy Nail Friday 3:00 Noodle Ball 6:00 Movie Night	9:30 Walking & Rolling 10:00 Seated Bowling 1:00 Sticker Art 2:00 Documentary 6:00 Aromatherapy & Tea
9:30 Sit & Stretch 10:00 Build the Tower 1:00 Songs of Worship 2:00 Color for Relaxation 6:00 Read Aloud Chicken Soup for the Soul	9:30 Sing & Stretch 10:00 Share Solitaire 1:00 Watercolor Art 2:00 Monday Dance Party 3:00 London Fog Tea Social 6:00 Classical Music	9:30 Strength & Stretch 10:00 Workshop 1:30 Entertainment By "Music From the Heart" Band 3:00 Color Collage 6:00 Nature Video: The Alps	9:30 Scarves & Stretch 10:00 Reminisce & Baking 1:00 Sand Works 2:00 Balloon Volleyball 3:00 Name That Tune 6:00 Peaceful Puzzling	9:30 Breathe & Stretch 10:00 Trivia 1:30 Magic Show & Happy Hour Social 2:45 Word Game: Word Match 4:30 Trunk or Treat Special Event	9:30 Stretch & Stand 10:00 Candy Match 1:00 Face Painting 2:00 Costume Party 3:00 Noodle Ball 6:00 Movie Night	9:30 Walking & Rolling 10:00 Seated Bowling 1:00 Sticker Art 2:00 Documentary 6:00 Aromatherapy & Tea Halloween

All Activities are subject to change. Color Key: Black - 1st Floor MC / Blue - 2nd Floor MC / Red - Outside of MC/EC / Green - Both Floors