

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All events are subject to change please check daily schedules. **New Trax Bus every Wednesday at 10:00 Call Jen Rasmussen 651-773-7275 Questions/Suggestions: jenrasmussen@ecumen.org				1 <u>MN Wild Hockey Day</u> 9:00 Newspaper with Wendy in the Lobby 9:30 Hangman Fun with Terra-Game Rm. 10:00 Manicures with Wendy & Terra-2nd 11:00 Floor Hockey with MC Friends & Sam 1:15 Happy Birthday Julie Andrews (Dawn) 1st 2:00 Word Ladders with Dawn-Game Room 3:00 Faith & Friends with Wendy-Chapel 3:45 Strength Training & Hydration-3rd Floor 7:00 MN Wild Hockey on Channel TBD	2 9:00 What's in the News with Carrie 9:30 Calendar & Facebook Review 10:00 Ecumen Wellness Class-2nd Fl. 11:00 Mass with Transfiguration Church 1:00 Share the Music Program-Lobby Live Music with Century College 2:15 Mocktail Friday with Jen & Sam 2:30 Bingo for Prizes with Terra-2nd 3:45 Balloon Volleyball with Terra-1st	3 9:00 Fitness Fun DVD in the Lobby 9:30 Music Therapy DVD-Lobby 10:45 Player Piano Music-Lobby 11:00 Gopher Football-Channel 8 1:00 Catholic Communion-Chapel 1:30 Movie & Popcorn in the Lobby Netflix-"Firehouse Dog" 3:30 Adult Coloring in the Game Rm
4 9:30 Fitness Fun DVD 10:00 Adult Coloring 10:45 Comedy Hour 1:00 Player Piano 2:00 Spiritual Time with Tony 3:30 Vikings Football 5:30 Word Puzzles-Lobby	5 9:00 Newspaper with Terra in the Lobby 9:30 Apple Hangman in the Game Rm. 10:00 Resident Council with Kristin-2nd 10:45 Ecumen Wellness Class w/Terra 1:00 Spot the Difference with Dawn-2nd 1:45 Optical Illusions with Dawn-2nd Floor 2:30 US State Facts with Dawn-Lobby 3:45 Mexican Train Dominoes with Tom	6 <u>Flannel Day</u> 9:00 Newspaper & Hot Coffee with Terra 9:30 Playing Card Exercise with Terra 10:00 Hot Apple Cider & Donut Social 10:45 Sing Along Piano Music w/Vol. Joan 1:15 Bingo for Prizes with Dawn-2nd Fl. 2:15 Pipe Cleaner Pumpkin Craft (Terra) 3:00 TV Show Trivia with Dawn-2nd Fl. 3:45 Pound Class with Erin & Terra-2nd	7 9:00 Positive News & Pet Therapy-Lobby 9:30 State Bingo for Prizes with Wendy 10:30 Ecumen Wellness Class with Carrie 11:15 Devotions with Wendy in the Chapel 1:00 Rosary with Deacon Dan in the Chapel 1:30 Name 10 with a Fall Theme (Wendy) 2:00 Live Music in the Lobby "The Guys" 3:15 Hangman/Pictionary Fun with Wendy	8 <u>Favorite Shirt Day</u> 9:00 Newspaper with Terra in the Lobby 9:30 North Cascades National Park Tour 10:00 Manicures for ALL w/Wendy & Terra 11:00 Bunco for prizes with Wendy-Game Rm 1:30 Celebrity Bingo with a Pro Volunteer 2:30 Happy 1/2 Hour-Meet Your Neighbor 3:00 Faith & Friends with Wendy-Chapel 3:45 Strength Training & Hydration-2nd Fl.	9 9:00 Newspaper with Terra 9:30 Fall Wreath Craft with Terra 10:45 Ecumen Wellness Class w/Terra 1:00 Tongue Twisters & Riddles-2nd 1:30 Mocktail Friday w/ Carrie & Sam 2:00 Bingo for Prizes with Wendy 3:00 History of Pillsbury & Treats 3:45 Balloon Volleyball with Terra-1st	10 9:00 Fitness Fun Dvd in the Lobby 9:30 Movie & Popcorn in the Lobby Netflix- "9-5 with Dolly Parton" TBD Gopher Football vs Purdue 2:00 Player Piano in the Lobby 3:00 Adult Coloring Sheets-Lobby 5:00 MN Wild Hockey Channel TBD
11 9:30 Fitness Fun DVD 10:00 Movie & Popcorn "Fabulous Four" 12:00 Vikings Football 2:00 River Valley Church Service 3:00 Adult Coloring 5:30 Word Finds-Lobby	12 9:00 Newspaper with Terra in the Lobby 9:30 1996 This Was the Year.... (Terra) 10:00 Wellness Talks with Nurse Dakota 10:45 Ecumen Wellness Class-2nd Floor 1:00 It Happened in 1978 with Dawn 1:45 Carnival Gallery with MC Friends 2:45 Halloween Jingo for prizes w/Dawn 3:45 Mexican Train Dominoes with Tom	13 9:00 Newspaper with Wendy in the Lobby 9:30 Baking Snickerdoodles Cookies 10:15 Floor Hockey with Sammie & Carrie 10:45 Sing Along Piano Music w/Vol. Joan 1:30 Homemade Chili Sampling & Voting 2:30 Bingo for Prizes with Terra-2nd Fl. 3:45 Pound Class with Erin & Dawn 5:30 Live Music with Mary Hall-Lobby	14 9:00 Positive News with Wendy in the Lobby 9:30 Fun on the Farm Jingo for Prizes-2nd Fl. 10:30 Ecumen Wellness Class with Wendy 11:15 Devotions with Wendy in the Chapel 1:00 Rosary with Deacon Dan in the Chapel 1:45 Remembering the 1930's and 1940's 2:30 S'more Bingo with MC Friends-2nd Floor 3:45 Halloween Concentration with Terra-1st Fl	15 <u>Pumpkin Orange Day</u> 9:00 Positive News with Wendy-Lobby 9:30 Penny Toss Game with Terra-Game Rm 10:15 Manicures with Wendy & Terra-Lobby 11:00 Pumpkin Orange Floats with Wendy 1:00 It's the Great Pumpkin Charlie Brown 2:00 SPA Hour with MC Friends 3:00 Faith & Friends with Wendy-Chapel 3:45 Strength Training & Hydration-2nd Fl.	16 <u>Comfy/Cozy Day</u> 9:00 Newspaper with Terra-2nd Floor 9:30 French Bread Creation-2nd Floor 10:30 Back Massages with Terra-2nd Fl 10:45 Ecumen Wellness Class-2nd Floor 1:00 Fall Poetry with Wendy by the Fire 1:30 Mocktail Friday with Jen & Sam 2:00 Bingo for prizes with Wendy 3:30 Balloon Volleyball in the Lobby	17 9:00 Fitness Fun Dvd in the Lobby 9:30 Suzy Q DVD Sing Along-50's 10:00 Halloween Tabletop Mural 10:45 Comedy Hour DVD in the Lobby 1:00 Movie & Popcorn in the Lobby 2:00 Adult Coloring in the Game Rm 3:45 Player Piano in the Lobby 5:30 Word Puzzles at the front desk
18 9:30 Fitness Fun DVD 10:00 Movie & Popcorn "Brewsters Millions" 12:00 Vikings Football 2:00 Spiritual Time with Tony-Chapel 3:00 Player Piano-Lobby 5:00 MN Wild Hockey	19 9:00 Positive News with Terra-Fireplace 9:30 Celebrating National Cookbooks 10:30 Back Massages with Mel-2nd Floor 10:45 Ecumen Wellness Class-2nd Floor 1:00 Easy Chair Exercise with Dawn-2nd 1:30 Dragon Fly Craft with Dawn-2nd Fl. 2:45 Musical Bean Bags with Dawn-1st 3:45 Mexican Train Dominoes with Tom	20 <u>"Pink Out"</u> 9:00 Newspaper & Coffee with Wendy 9:30 Armchair Travel to the Netherlands 10:15 Breast Cancer Awareness Month 10:45 Sing Along Piano Music w/ Vol. Joan 1:15 Bingo for Prizes with Dawn-2nd Floor 2:30 Pink Treats with Sammie & Jen-2nd Fl 3:00 Horseracing Fun with Terra-Game Rm 3:45 Pound Class with Erin & Dawn	21 <u>National Reptile Day</u> 9:00 Newspaper with Wendy & Pet Therapy 9:30 Gluten Free Baking w/ Carrie & Frannie-2 10:30 Ecumen Wellness Class with Wendy-2nd 11:15 Devotions with Wendy in the Chapel 1:00 Rosary with Deacon Dan in the Chapel 1:45 Virtual Visit to the San Diego Zoo & Treats 2:30 Nix the Six Dice Game with Terra-Lobby 3:30 Shuffleboard Tournament with Terra-1st	22 <u>Gopher Hockey Day</u> 9:00 Positive News & Gopher Hockey History 9:45 Manicures for ALL with Terra & Wendy 11:00 Floor Hockey with MC & Sammie 1:15 Pumpkin Painting & Roasting Seeds 2:00 Ukulele Sing Along with MC Friends 3:00 Faith & Friends with Wendy-Chapel 3:45 Strength Training & Hydration-2nd Fl. 7:00 Gopher Hockey vs UND & Popcorn	23 9:00 Newspaper with Terra-Lobby 9:30 AM Mocktail Friday with Carrie 10:00 Kitchen Fun with Carrie & Terra 10:45 Ecumen Wellness Class-2nd Fl. 1:15 Live Music by the Singing Cowgirl Celebrating October Birthdays 2:30 Halloween Jingo with Wendy-1st 3:15 Balloon Volleyball in the Lobby	24 9:15 Newspaper with Jamie 9:45 Balloon Volleyball in the Lobby 10:15 Movie & Popcorn in the Lobby Netflix-"Liar Liar" TBD Gopher Football vs Iowa 1:00 Catholic Communion-Chapel 1:30 Bingo for prizes with Jamie 3:00 Adult Coloring in the Game Rm.
25 9:30 Fitness Fun Dvd 10:00 Movie & Treat "80 for Brady" 2:00 Immanuel Church Service 3:00 Adult Coloring 5:30 Sing Along Dvd	26 <u>Candy Corn Day</u> 9:00 What's in the News with Terra 9:30 Candy Corn Art with Terra 10:15 Slogan Commercial Trivia 10:45 Ecumen Wellness Class-2nd Floor 1:15 Easy Chair Exercise with Dawn 2:00 Sweep 6 for candy corn with Dawn 2:45 Kickball Fun with MC Friends 3:45 Mexican Train Dominoes with Tom	27 9:00 Spooky Stories with Wendy 9:30 Service Project-Public Safety Team 10:00 Potato Chip Showdown w/LE Team 10:45 Sing Along Piano Music with Joan 1:15 Bingo for Prizes with Terra 2:30 Halloween Jingo for prizes (Dawn) 3:15 Mini Spa Session w/Terra & Dawn 3:45 Pound Class with Erin & Terra	28 9:00 What's in the News with Wendy-2nd 9:30 Halloween Feud with Wendy-2nd Floor 10:30 Ecumen Wellness Class-2nd Floor 11:15 Devotions with Wendy in the Chapel 1:00 Rosary with Deacon Dan in the Chapel 1:45 Celebrating Maplewood Public Safety 2:30 Electronic Bingo for Halloween Treats 3:30 Costume, Kids, Candy, & More Fun	29 <u>National Cat Day</u> 9:00 Newspaper with Terra in the Lobby 9:30 Funny Cat Videos with Terra-Lobby 10:00 Manicures for ALL in the Lobby 11:00 Balloon Volleyball with Terra-Lobby 1:30 Forks & Feedback w/ the Dining Team 2:15 Monster Smash with Dawn-Game Rm. 3:00 Faith and Friends with Wendy-Chapel 3:45 Strength Training & Hydration w/Terra	30 7:30 Halloween Breakfast with Sam 9:00 Positive News with Terra-Lobby 9:30 AM Mocktails with Carrie-Lobby 10:00 Ecumen Wellness Class-2nd Fl. 10:30 Costume Handout with Carrie 11:30 McDonalds Lunch Take Out \$\$ 1:00 Halloween Party-Music & Treats 2:30 Bingo for Prizes with Wendy-2nd	31 <u>Happy Halloween</u> 9:00 Fitness Fun Dvd in the Lobby 9:30 Sing Along Dvd in the Lobby 10:45 Player Piano in the Lobby TBD Gopher Football vs Indiana 1:30 Movie & Popcorn in the Lobby Netflix-"The Great Outdoors" 3:00 Halloween Adult Coloring 3:30 Scary Music in the Lobby