



Events Calendar

SEPTEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Abiitan's Life Enrichment Team is: Hettie Hanna Mark Tommaso	AR - Activity Room CR – Club Room L – Lobby/Outings T – Terraces Lib- Library K- Klassics Kitchen & Cocktails S.E – Special Event *All activities are subject to change	1 10:00 AM – CR Community & Conversations 12:45 PM - AR Chair Yoga w/ Elis. 4:00 PM - CR Men's Social Hour 5:00/7:00 PM - AR Documentary: "Dolly Parton: Here I Am" (2020)	2 10:00 AM – CR Sandwich making Aliveness Project 11:00 AM - AR Meet Abiitan's Xfinity Representative 1:15 PM - AR Tech Time 1:30 PM - CR “What's Your Story” writing group 4:00 PM - K Women's Happy H	3 9:30 AM - AR MoveFit 1:30 PM - AR New: “Music that tells a story” with Andrea Leap 4:00 PM - K Happy Hour 5 PM /7 PM - AR Film: "Baby Doll" (1956)	4 10:00 AM - AR Chair Yoga w. Elisabeth 11:30 AM - T Music w. Brandyn 1:30 PM - CR Mexican Train Group 3:15 PM – LIB Bridge Club 4:00 PM - K Happy Hour 5 PM/7 PM – AR Film: "Moonstruck" (1987)	5 1:00/4:00/7:00 AR Film: "9 to 5" (1980)
6 3:30/7:00 PM-AR Film: "007: Dr. No" (1962)	7 LABOR DAY 3:00 PM – AR Español Olé w. Nancy 3:45 PM - T Folk Music w. Matt Gogola on guitar 4:00 PM - K Happy Hour 5:00 PM - AR Series: The Bear 7:00 PM – AR Labor day Movie:	8 10:00 AM – CR Community & Conversations 11:15 AM – CR Residents meet Environmental Services Manager, Dyan Villalba 2:30 PM - AR "Talking Theater" with Carla Steen: Guthrie's "Waiting for Godot" 4:00 PM - CR Men's Social Hour 5:00/7:00 PM - AR Film: TBD	9 10:30 AM - L Grocery Run 1:15 PM – AR Tech Time 2:30 PM – CR Alzheimer's Association Dementia Education 3:45 PM - T Singalong w. Paula L. from MacPhail 4:00 PM - K Women's Happy H. 5:00/7:00 PM - AR The Devil Wears P 2	10 9:30 AM – AR MoveFit 2:00 PM – AR “The Devil Wears Prada 2” 4:00 PM – AR Q&A with TDWP2 Assistant Director Edoardo P. on Zoom 4:00 PM - K Happy Hour 7:00 PM – AR Film: TBD	11 10:00 AM - AR Chair Yoga w. Elis. 11:30 AM - T Music w. Brandyn 2:00 PM - AR History w. Ethan 3:15 PM – LIB Bridge Club 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Film: TBD	12 1/4/7 PM -AR Film: TBD
13 3:30/7:00 PM-AR Sunday Film: TBD	14 9:30 AM - AR MoveFit 10:30 AM - AR Big Questions w. J. P. 11:30 AM - AR Social Justice Group 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	15 10:00 AM – CR Community & Conversations 11:15 AM - AR “YMCA at Abiitan”: Intro Session + meet and greet 12:45 PM - AR Chair Yoga w. Elis. 4:00 PM - CR Men's Social Hour 5:00/7:00 PM - AR Film: TBD	16 1:15 PM - AR Tech Time 1:30 PM - CR “What's Your Story” writing group 2:30 PM - AR "The Power of Portraiture" w. Adrienne H. Lee 4:00 PM - K Women's Happy Hour	17 9:30 AM – AR MoveFit 10:30 AM – AR Assemble Packets for Aliveness Project 1:30 PM - AR ‘Music that tells a story” w.. A. Leap 5:00/7:00 PM - AR Film: TBD	18 10:00 AM - AR Chair Yoga w. Elis. 11:30 AM - AR Metro Mobility: Info Session 11:30 AM - T Music w. Brandyn 1:30 PM - CR Mexican Train Group 2:15 PM – Lobby Abiitan goes to... C.A.T. Museum (RSVP) 3:15 PM – LIB Bridge Club 4:00 PM - K Happy Hour 5PM/7PM - AR Film: TBD	19 1/4/7 PM -AR Film: TBD
20 3:30/7:00 PM –AR Film: TBD	21 9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 1:00 PM – CR Caregiver Support 3:00 PM – AR Español Olé w. Nancy 3:45 PM - T Singalong w. Lou Ann from MacPhail 4:00 PM - K Happy Hour 5:00/7:00PM- AR Series: TBD	22 10:00 AM – CR Community & Conversations 11:15 AM – T Owámníyomni presentation w. B. Hand 12:45 PM - AR Chair Yoga w. Elisabeth 3:45 PM – T “On a Clear Day” Cabaret w. Mistress Ginger 4:00 PM - CR Men's Social Hour 5:00/7:00PM - AR Fim: TBD	23 10:30 AM - L Grocery Run 1:15 PM - AR Tech Time 3:45 PM – T Piano & Flute Chamber Recital w. Henry Berman & guest 4:00 PM - K Women's Happy Hour	24 9:30 AM – AR MoveFit 1:30 PM - AR Comic Jam with Ezra (RSVP) 5:00/7:00 PM – AR Film: TBD	25 1 0:00 AM - AR Chair Yoga w. Elis. 2:00 PM - AR History w. Ethan 2:30 – 4:00 PM – L YMCA station: ask questions & get membership 3:15 PM – LIB Bridge Club 4:00 PM -K Happy Hour 5:00/7:00 PM-AR Film: TBD	26 1/4/7 PM -AR Film: TBD
27 3:30/7:00 PM - AR Sunday Film: TBD	28 9:30 AM - AR MoveFit 10:30 AM - AR Big Questions w. J. P. 3:00 PM – AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	29 10:00 AM – CR Community. & Conv. 11:00 AM - L Owámníyomni Project walking tour (RSVP) 12:45 PM - AR Chair Yoga w. Elis. 2:00 PM - CR Residents Council 3:45 PM - T Folk Music w. Matt G. 4:00 PM - CR Men's Social Hour 5:00/7:00 PM – AR Film: TBD	30 1:15 PM - AR Tech Time 2:30 PM - AR AI Workshop w. Gary M. & Bill W: “Security” 4:00 PM - CR Book Club 4:00 PM - K Women's Happy Hour	OCTOBER 1 9:30 AM – AR MoveFit 1:30 PM - AR ‘Music that tells a story” w.. A. Leap 4:00 PM - K Happy Hour 4:30 PM - AR In collab. w. MCC: "Medicine Ball” + Q&A w. Producer Syd Bean	2 10:00 AM - AR Chair Yoga w. Elis. 11:30 AM - T Music w. Brandyn 1:30 PM - CR Mexican Train Group 3:15 PM – LIB Bridge Club 4:00 PM -K Happy Hour 5:00/7:00 PM-AR Film: TBD	3 10:30 AM -T MacPhail Suzuki Student Violin Recital 1/4/7 PM -AR Film: TBD