

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
3:30/7:00 PM - AR Film: "Is this thing on?"	9:30 AM - AR MoveFit 10:30 AM - AR Big Questions w. Jon P. 1:00 PM - CR Caregiver Support 3:00 PM - AR Español Olé w. Nancy 4:00 - 6:30 PM - K Residents Table 5:00/7:00 PM - AR Series: "The Bear"	10:00 AM - CR Community & Conversations 12:45 PM - AR Chair Yoga w/ Elis. 4:00 PM - CR Men's Social Hour 6:00 PM - 10:00 PM Abiitan's 1 st Ever National Night Out Community & Diversity Celebration!	11:15 AM - T Singalong w. Paula Lammers from MacPhail 1:15 PM - AR Tech Time 1:30 PM - CR "What's Your Story" writing group 4:00 PM - K Women's Happy Hour	9:30 AM - AR MoveFit 12:30 PM - AR All Residents Meeting with Ecumen's President and CEO Cyrus Batheja 1:45 PM - AR "Film Music" w. A. Leap: Hans Zimmer 4:00 PM - K Happy Hour 5 PM /7 PM - AR "The Buddy Holly Story" (1978)	10:00 AM - AR Chair Yoga w. Elis. 1:30 PM - AR New! Comic Jam with Ezra (RSVP) 3:15 PM - LIB Bridge Club 4:00 PM - K Happy Hour 5 PM/7 PM - AR Cinema Around the World: "Cactus Pears" (2025)	1:00/4:00/7:00 AR Film: "Married to the Mob" (1988)
9	10	11	12	13	14	15
3:30/7:00 PM - AR Film: "Lucky" (2017)	9:30 AM - AR MoveFit 11:30 AM - AR Social Justice Group 3:00 PM - AR Español Olé w. Nancy 3:45 PM - T Singalong w. Lou Ann Henderson from MacPhail 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	10:00 AM - CR Community & Conversations 11:15 AM - CR Residents Welcome Residents 12:45 PM - AR Chair Yoga w. Elis. 4:00 PM - CR Men's Social Hour 5:00/7:00 PM - AR Film: TBD	10:30 AM - T Connecting Voices Summer Singalong 10:30 AM - L Grocery Run 1:15 PM - AR Tech Time 2:30 PM - CR Alzheimer's Association Dementia Education 4:00 PM - K Women's Happy H.	9:30 AM - AR MoveFit 3:00 PM - AR "Where We Live Next" w. Patrick Duffy of Duffy Vision Lab 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Film: TBD	10:00 AM - AR Chair Yoga w. Elis. 11:30 AM - T Music w. Brandyn 3:15 PM - LIB Bridge Club 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Film: TBD	1:00/4:00/7:00 AR Film: TBD
16	17	18	19	20	21	22
3:30/7:00 PM - AR Sunday Film: TBD	9:30 AM - AR MoveFit 10:30 AM - AR Big Questions w. J. P. 1:00 PM - CR Caregiver Support 2:00 - 5:00PM - AR Film "North Country" + Q&A w. Helen Rubenstein 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	10:00 AM - CR Community & Conversations 12:45 PM - AR Chair Yoga w. Elis. 2:00 PM - AR All Residents Meeting with Ecumen's CFO Doug Harrison 4:00 PM - CR Men's Social Hour 5:00/7:00 PM - AR Film: TBD	1:15 PM - AR Tech Time 1:30 PM - CR "What's Your Story" writing group 4:00 PM - K Women's Happy Hour	9:30 AM - AR MoveFit 10:30 AM - AR Assemble Packets for Aliveness Project 1:30 PM - AR "Film Music" Lecture Series w. A. Leap: John Williams 5:00/7:00 PM - AR Film: TBD	10:00 AM - AR Chair Yoga w. Elis. 1:30 PM - AR New! Comic Jam with Ezra (RSVP) 3:15 PM - LIB Bridge Club 4:00 PM - K Happy Hour 5PM/7PM - AR Film: TBD	1:00/4:00/7:00 AR Film: TBD
23	24	25	26	27	28	29
3:30/7:00 PM - AR Film: TBD	9:30 AM - AR MoveFit 10:30 AM - AR Big Questions w. J. P. 3:00 PM - AR Español Olé w. Nancy 3:45 PM - T Singalong w. Lou Ann H. from MacPhail 4:00 PM - K Happy Hour 5:00/7:00PM - AR Series: TBD	10:00 AM - CR Community & Conversations 11:15 AM - T "The island of Rapa Nui" w. Sergio Rapu, 1 st native governor of the island 12:45 PM - AR Chair Yoga w. Elis. 2:00 PM - CR Residents Council 3:45 PM - T Folk Music w. Matt Gogola on guitar 4:00 PM - CR Men's Social Hour 5:00/7:00PM - AR Fim: TBD	10:30 AM - T Connecting Voices Summer Singalong 10:30 AM - L Grocery Run 1:15 PM - AR Tech Time 2:30 PM - AR "Art History's Mysteries" w. Adrienne H. Lee 4:00 PM - CR Book Club 4:00 PM - K Women's Happy H.	Time and Location TBD Exclusive: Abiitan/Northrop/ Pilobolus Intergenerational Movement Workshop (RSVP) 9:30 AM - AR MoveFit 5:00/7:00 PM - AR Film: TBD	10:00 AM - AR Chair Yoga w. Elis. 11:30 AM - T Music w. Brandyn 2:00 PM - AR History w. Ethan 3:15 PM - LIB Bridge Club 4:00 PM - K Happy Hour 5:00/7:00 PM-AR Film: TBD	1:00/4:00/7:00 AR Film: TBD 10:30 AM - Meet @ Mill City Museum Abiitan goes on... Historic Riverfront Walking Tour (RSVP)
30	31	1	2	3		
11:00 AM - 3:00 PM Guthrie Theater: Celebrating 20 Years on the River (free event open to the public) 3:30/7:00 PM - AR Sunday Film: TBD	9:30 AM - AR MoveFit 10:30 AM - AR Big Questions w. J. P. 1:00 PM - CR Caregiver Support 3:00 PM - AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	10:00 AM - CR Community. & Conv. 12:45 PM - AR Chair Yoga w. Elis. 4:00 PM - CR Men's Social Hour 5:00/7:00 PM - AR Film: TBD	1:15 PM - AR Tech Time 1:30 PM - CR "What's Your Story" writing group 4:00 PM - K Women's Happy Hour	9:30 AM - AR MoveFit 10:30 AM - CR Aliveness Sandwich Project 1:30 PM - AR New Lecture Series w. A. Leap 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Film: TBD	Abiitan's Life Enrichment Team is: Hettie Hanna Mark Tommaso	AR - Activity Room CR - Club Room L - Lobby/Outings T - Terraces Lib- Library K- Klassics Kitchen & Cocktails S.E - Special Event *All activities are subject to change