

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Ecumen Season at Apple Valley Terrace & Vista Living Life Enrichment Calendar

							AM 9:30 1:1 Visits 10:30 Dice Game 12:00 Lunch PM 2:30 206 Challenge 2:30 Snack Social 3:15 Walking Club <small>May Day</small>	1	2	Cheryl is here!
12:00 Lunch 2:30 Snack Social	3 AM 9:30 BINGO 12:00 Lunch PM 1:15 Cards Club (TL) 2:00 Cards Club (VL) 2:30 Snacks 3:15 Walking Club	4 AM 9:30 Relaxing Massages 10:30 Sport Games 12:00 Lunch PM 1:30 1:1 Visits 2:30 Snack Social 3:15 Walking Club <small>Cinco de Mayo</small>	5 AM 9:30 Body Exercise 10:30 Risen Savior (CH) 12:00 Lunch PM 1:30 Art & Crafts 2:30 Snack Social 3:15 Walking Club	6 AM 9:30 1:1 Visits 10:30 BINGO 12:00 Lunch PM 1:30 Nails Care (Tiki & Carlos) 2:30 Snack Social 3:15 Gym Club	7 AM 9:30 Band Exercises 10:30 Virtual Worship Service 12:00 Lunch PM 2:30 Let's Party 2:30 Snack Social Walking Club			8	9	Cheryl & Tiki are here!
12:00 Lunch 2:30 Snack Social <small>Mother's Day National Skilled Nursing Care Week</small>	10 AM 9:30 BINGO 12:00 Lunch PM 1:15 Cards Club (TL) 2:00 Cards Club (VL) 2:30 Snacks 3:15 Walking Club	11 AM 10:00 Pet Therapy (VL) 10:30 <i>Risen Savior Mass</i> 10:30 Pet Therapy (TL) PM 1:30 1:1 Visits 2:30 Snack Social 3:15 Walking Club	12 AM 9:30 Ball Exercises 10:30 Risen Savior (CH) 12:00 Lunch PM 1:30 Brain Gym 2:30 Snack Social 3:00 Walking Club	13 AM 9:30 Virtual Worship Service 10:30 BINGO 12:00 Lunch PM 1:30 Yard Games (Tiki & Carlos) 2:30 Snack Social 3:00 Dementia Education	14 AM 9:30 1:1 Visits 10:30 Weight Exercises 12:00 Lunch PM 1:30 Let's Party 2:30 Snack Social 3:15 Walking Club			15	16	Carlos is here! <small>Armed Forces Day</small>
12:00 Lunch 2:30 Snack Social	17 AM 12:00 Lunch PM 2:30 Snacks 3:15 Walking Club <small>Victoria Day (Canada)</small>	18 AM 9:00 Virtual Lutheran Service 10:00 Dice Game 12:00 Lunch PM 1:30 1:1 Visits 2:30 Snack Social 3:15 Walking Club	19 AM 9:30 Body Exercises 10:30 Risen Savior (CH) 12:00 Lunch PM 1:00 <i>Birthday Party (ALR)</i> 2:30 Snack Social 3:15 Walking Club	20 AM 9:30 Music Therapy 10:30 BINGO 12:00 Lunch PM 1:30 Memory Games (T & C) 2:30 Snack Social 3:15 Gym Club <small>Shavuot Begins</small>	21 AM 9:30 1:1 Visits 10:30 Exercises 12:00 Lunch PM 1:30 Let's Party 2:30 Snack Social 3:15 Walking Group			22	23	Jasmine is here!
12:00 Lunch 2:30 Snack Social	24 AM 12:00 Lunch PM 2:30 Snacks <small>Memorial Day</small>	25 AM 10:00 Therapy Dog (VL) 10:30 Virtual Mass 10:30 Therapy Dog (TL) 11:00 Entertainment 12:00 Lunch PM 1:30 1:1 Visits 3:15 Walking Club	26 AM 9:30 Exercises 10:30 Risen Savior (CH) 12:00 Lunch PM 1:30 Singing in the Patio 2:30 Snack Social 3:15 Walking Club	27 AM 9:30 Virtual Worship Service 10:30 BINGO 12:00 Lunch PM 1:30 <i>Tea Party</i> 2:30 Snack Social 3:15 Gym Club	28 AM 9:30 1:1 Visits 10:30 Exercises 12:00 Lunch PM 1:30 BUS RIDE 2:45 Snack Social 3:15 Walking Club			29	30	Jasmine is here!
12:00 Lunch 2:30 Snack Social	31									