



# Chateau WATERS™ Memory Care

## Empowering Memory Care Rooted in Compassion and Connection

Connect your loved one to wellness, safety, self-expression, and personalized attention, all at the core of our philosophy in caring for residents with Alzheimer's or dementia.

At Chateau Waters your loved one will enjoy:

- Personalized care tailored to their routines and preferences
- Creative and social activities like music, crafts, and group games
- Safe, thoughtfully designed spaces that promote independence
- Nutritious meals served in a welcoming, social setting
- Compassionate relationships with a specially trained care team
- Family involvement through open communication and shared experiences

It's all right here with a specially trained care team—in our dedicated Memory Care living space for adults of 62 years and better. We look forward to meeting you and honoring your loved one.

### Community Amenities:

- Terrace dining room
- Vista media room
- Fireplace lounge
- Secure courtyard and garden
- Community room for crafts, music therapy, group games and exercise
- Library
- Whirlpool spa
- Family conference room
- Salon (scheduled access)



### Awakenings™

- Your loved one gets a customized experience with Awakenings, an award-winning approach to Alzheimer's and dementia care developed by Ecumen. Our programming brings your loved one the care, comfort, community, and joyful opportunities they crave to live an engaged and purposeful life—every day.
- To promote enjoyment, interaction, independence, and wellness of mind, body, and spirit, our care team collaborates with you and your loved one on short- and long-term plans. Throughout the day, our team engages with all residents to offer the care and attention they need to thrive.

320-654-2352  
chateauwaters.org

960 - 19th St. | Sartell, MN 56377

AN ECUMEN® LIVING SPACE



# Chateau Waters Memory Care Apartments

We understand that care starts with the individual. We've created a living space that connects residents with customized care and personal attention. Residents live in the comfort of private apartments with private baths, generous walk-in showers, and a secure caring community outside their door.

## Apartment Amenities:

- Mini refrigerator
- Television
- Remote controlled dimmable lights
- Private bath with walk-in shower
- Built in storage, seating and desk



## Monthly apartment fee includes:

- 24/7 assistance and safety checks
- Emergency response system
- Tailored wellness and exercise programming
- Assistance with arranging transportation to medical and social services appointments
- Assistance accessing community resources and social services
- Weekly housekeeping, including flat linen changes
- Controlled building access
- Utilities: electric, gas, water, trash and Wi-Fi (excluding phone)
- Routine interior and exterior maintenance

Suite Style	Approx. Sq. Feet	Monthly Apartment Fee
Studio	267 – 286	\$2,475

## Additional Information:

- Individuals will meet with a nurse prior to move in to establish personal and health care needs and costs
- Leases are month-to-month
- A \$500 reservation fee will hold an apartment and be credited to the first months bill
- A \$2,000 non-refundable community fee is due upon move-in for the upkeep of living spaces and grounds
- An optional furniture rental package is available for \$80 per month. See details on the Home Essentials Package



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## Memory Care Additional Services

### Ancillary Rates:

Memory Care Meal Package:	
— 3 Meals/Day Package	\$615/month
Additional Meal (Resident)	\$13
Guest Meal (Lunch/Dinner)	\$15
Holiday Meal	\$19

### Second Occupant:

Second Occupant — Memory Care	\$330/month
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### Household Management/Building Features:

Licensed Nurse Unscheduled Service (15-minute increment)	\$45/15 minutes
Housekeeping (15-minute increment)	\$25/15 minutes
Maintenance (15-minute increment)	\$30/15 minutes
Storage Locker (per month)	\$35
Transfer Fee	\$1,000
Key Replacement	\$25
FOB Replacement	\$60
Emergency Call Pendant Replacement	\$225
Laundry per load	\$17
Long-term Care Insurance Monthly Processing	\$55
Meal Tray Delivery	\$10
Non-Preferred Pharmacy Fee (Monthly) — VA excluded	\$165
Fall Management (per occurrence)	\$175
Guest Room (per night)	\$95/night
Home Essentials Furniture Package	\$80/month

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## Memory Care

### *Personalized health care and support services*

Our care teams will provide health care and support services customized to your specific needs. We're here to provide as much or as little support as you need.

#### Monthly Health care Service Fees include:

- Initial nurse meeting and assessment
- 24-hour on-site staff
- Quarterly nurse assessment

To help you estimate your monthly fee, use the Health Care Services Fee Estimator on page two and compare your estimated point totals to the monthly fee. Final health care services and fees will be established after meeting with clinical services and prior to move-in.

Estimated Points	Care Level	Monthly Fee
0 – 60	1	\$4,500
61 – 105	2	\$5,750
106 – 135	3	\$7,000
136 – 165*	4	\$8,250

\*Additional care levels available.

#### Some additional health care services available:

- Administering nebulizer treatments
- Managing oxygen concentrators and filling portable tanks
- Changing, emptying, and cleaning catheter, colostomy, or urostomy
- Diabetic nail care
- Coumadin management
- Cleaning and monitoring of CPAP or BIPAP machines
- Monitoring of vital signs (temperature, pulse, respiration, blood pressure, oxygen saturation, weight)

Speak with one of our nurses to hear more about these and other additional services along with the monthly fee.

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## Memory Care Services Fees Estimator

Select your desired services, add up your points and refer to the chart to calculate your estimated monthly health and support services cost.



### Where I need assistance / Monthly Points

Putting in my hearing aids.....	3	_____
<b>Support for orientation with surroundings</b>		
Occasionally needs reassurance/redirection.....	3	_____
Frequently needs reassurance/redirection.....	8	_____
Always needs reassurance/redirection.....	15	_____
<b>Support for wandering</b>		
Wanders occasionally, needs redirection .....	5	_____
Wanders frequently, needs redirection .....	8	_____
Wanders always, needs redirection.....	15	_____
<b>Taking a shower or bath</b>		
1x per week (from one team member).....	2	_____
2x per week (from one team member).....	4	_____
7x per week (from one team member).....	15	_____
Assistance in and out of the whirlpool bath (add additional 2 points).....	2	_____
<b>Grooming in the morning and evening (shaving, brushing hair, washing face, etc.)</b>		
Verbal reminders and set up .....	2	_____
Physical assistance .....	10	_____
<b>Oral care in the morning and evening</b>		
Physical assistance .....	5	_____
Physical assistance with denture care— remove, store, clean (add additional 5 points) .....	5	_____
<b>Getting in and out of bed</b>		
Pulling back covers and having equipment in place.....	3	_____
Assistance from one team member to get in and out of bed.....	5	_____
<b>Getting dressed in the morning and evening</b>		
Set up and team member standing by .....	8	_____
Assistance from one team member.....	15	_____
<b>Using the bathroom and/or continence care</b>		
Assistance from one team member.....	15	_____
Assistance from two team members.....	20	_____
<b>Managing my medication</b>		
Ordering medication with a non-preferred pharmacy .....	2	_____
Taking oral medications up to 3x daily.....	8	_____
Taking oral medications up to 5x daily.....	13	_____
Applying eye drops 2x daily .....	2	_____
Applying topical medications 2x daily .....	5	_____

### Where I need assistance / Monthly Points

<b>Managing my diabetes</b>		
Checking glucose and administering insulin (if necessary) 1x daily.....	6	_____
Checking glucose and administering insulin (if necessary) 3x daily.....	16	_____
<b>Moving with mobility</b>		
Assistance from one team member .....	5	_____
<b>Assistance from moving from one surface to another (transferring)</b>		
Assistance from one team member .....	5	_____
Assistance from two team members and a mechanical lift.....	10	_____
<b>Participating in social and leisure activities</b>		
Occasional prompting during activities .....	2	_____
Assistance from one team member during activities.....	5	_____
Getting to and from activities in the building.....	5	_____
<b>My dining experience</b>		
Verbal reminders for meal times .....	1	_____
Assistance getting to and from dining room .....	8	_____
Verbal reminders and meal set up.....	3	_____
Verbal reminders throughout my meal .....	8	_____
Assistance from one team member during meals.....	12	_____
<b>Additional support services</b>		
Assistance with daily bed making.....	3	_____
Assistance with additional trash removal .....	3	_____
Assistance with additional housekeeping .....	2	_____
Assistance with routine laundry (1 load/week).....	2	_____
Assistance with laundering of linens (1 load/week).....	2	_____

**Total Estimated Points\*** \_\_\_\_\_

\*Final health care and support services fee will be determined when meeting with one of our nurses prior to move-in.

Cost of equipment, medication and supplies is not included in the cost of health care services.