

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	<p>9:30 AM - AR MoveFit</p> <p>10:30 AM - AR Big Questions</p> <p>1:00 PM - CR Caregiver Support</p> <p>3:00 PM - AR Español Olé w. Nancy</p> <p>4:00 PM - K Happy Hour</p> <p>5:00/7:00 PM - AR Series: "Hacks" (2021)</p>	<p>10:00 AM - CR Community & Conversations</p> <p>12:45 PM - AR Chair Yoga w. Elis.</p> <p>2:15 PM - AR "The American Arts & Crafts" w. L.Crawford</p> <p>4:00 PM - CR Men's Social Hour</p> <p>5PM/7 PM - AR Documentary: "Baraka" (1993)</p>	<p>10:30 AM - L Grocery Run</p> <p>11:30 AM - L "Lunch Together"</p> <p>1:15 PM - AR Tech Time</p> <p>1:30 PM - CR "What's Your Story" writing group</p> <p>3:00 PM - AR Former Secretary of State Mark Ritchie "2026 Minnesota Year of Water"</p> <p>4:00 PM - CR "Planning End-of-Life" w. V. Richards</p>	<p>9:30 AM - AR MoveFit</p> <p>10:30 AM - AR Aliveness Sandwich Project</p> <p>1:30 PM - AR "Music & Technology" w. Andrea Leap</p> <p>4:30 PM - AR Movie: "Smoke Signals" (1988) in collaboration with Mill City Commons</p>	<p>10:00 AM Chair Yoga w/ Elis.</p> <p>1:30 PM - CR Mexican Train Group (New Group)</p> <p>4:00 PM - K Happy Hour</p> <p>5PM/7:00 PM - AR Oscars 2026 "If I Had Legs, I'd Kick You" (2025)</p>	<p>1:00/4:00/7:00 AR Oscars 2026 "One Battle After Another" (2025)</p>
8	9	10	11	12	13	14
<p>1:00 PM - CR Mahjong Group</p> <p>3:15 PM - CR Bridge Group</p> <p>3:30/7:00 PM - AR Film: "Mao's Last Dancer" (2009)</p>	<p>9:30 AM - AR MoveFit</p> <p>10:30 AM - AR Big Questions</p> <p>11:30 AM - AR Social Justice Group</p> <p>3:00 PM - AR Español Olé w. Nancy</p> <p>5:00 PM - K Residents Table</p> <p>5:00/7:00 PM - AR Series: TBD</p>	<p>10:00 AM - CR Community & Conversations</p> <p>12:45 PM - AR Chair Yoga w/ Elis.</p> <p>2:15 PM - AR "The American Arts & Crafts" w. L.Crawford</p> <p>4:00 PM - CR Men's Social Hour</p> <p>5PM/7 PM - AR Documentary: TBD</p>	<p>10:30 AM - L Grocery Run</p> <p>1:15 PM - AR Tech Time</p> <p>2:30 PM - AR Humphrey International Fellows: Brandon Stewart (Jamaica)</p> <p>4:00 PM - K Women's Happy Hour</p>	<p>9:30 AM - AR MoveFit</p> <p>4:00 PM - K Happy Hour</p> <p>5:00/7:00 PM - AR Thursday Classic Movie</p>	<p>10:00 AM Chair Yoga w/ Elis.</p> <p>2:00 PM - AR History w. Ethan</p> <p>3:45 PM - T Abiitan's Pi(e) Day Contest</p> <p>4:00 PM - K Happy Hour</p> <p>5:00/7:00 PM - AR Film: TBD</p>	<p>1:00/4:00/7:00 AR Film: TBD</p>
15	16	17	18	19	20	21
<p>3:15 PM - CR Bridge Group</p> <p>5:15 PM - CR Oscars Watch Party</p>	<p>9:30 AM - AR MoveFit</p> <p>10:30 AM - AR Big Questions</p> <p>1:00 PM - CR Caregiver Support</p> <p>3:00 PM - AR Español Olé w. Nancy</p> <p>5:00 PM - K Residents Table</p> <p>5:00/7:00 PM - AR Series TBD</p>	<p>10:00 AM - CR Community & Conv.</p> <p>11:15 AM - AR "Middle East Conflict" Series w. Henry Berman</p> <p>12:45 PM - AR Chair Yoga w. Elis.</p> <p>2:15 PM - AR "The American Arts & Crafts" w. L.Crawford</p> <p>4:00 PM - CR Men's Social Hour</p> <p>5:00/7:00 PM - AR Documentary: TBD</p>	<p>10:30 AM - L Grocery Run</p> <p>11:30 AM - L "Lunch Together" at Immigrant owned restaurant</p> <p>1:30 PM - CR "What's Your Story" writing group</p> <p>1:15 PM - AR Tech Time</p> <p>4:00 PM - K Women's Happy Hour</p>	<p>9:30 AM - AR MoveFit</p> <p>10:30 AM - L Abiitan Goes To... Guthrie Backstage Tour</p> <p>10:30 AM - AR Assemble Packets for Aliveness Project</p> <p>1:30 PM - AR "Music and Technology" w. A. Leap</p> <p>4:00 PM - K Happy Hour</p> <p>5:00/7:00 PM - AR Thursday Classic Movie</p>	<p>10:00 AM Chair Yoga w/ Elis.</p> <p>1:30 PM - CR Mexican Train Group</p> <p>4:00 PM - K Happy Hour</p> <p>5PM/7PM - AR Film: TBD</p>	<p>1:00/4:00/7:00 AR Film: TBD</p>
22	23	24	25	26	27	28
<p>1:00 PM - CR Mahjong Group</p> <p>3:15 PM - CR Bridge Group</p> <p>3:30 PM - T Piano Recital w. MacPhail's Suzuki Program</p> <p>7:00 PM - AR Sunday Movie: TBD</p>	<p>9:30 AM - AR MoveFit</p> <p>10:30 AM - AR Big Questions</p> <p>2:00 PM - AR All Residents Meeting</p> <p>3:00 PM - AR Español Olé w. Nancy</p> <p>5:00 PM - K Residents Table</p> <p>5:00/7:00 PM - AR Series: TBD</p>	<p>10:00 AM - CR Community & Conv.</p> <p>11:15 AM - AR Paul Babcock (CEO), on MacPhail's future</p> <p>12:45 PM - AR Chair Yoga w. Elis.</p> <p>2:15 PM - AR "The American Arts & Crafts" w. L. Crawford</p> <p>4:00 PM - CR Men's Social Hour</p> <p>5/7 PM - AR Documentary: TBD</p>	<p>10:30 AM - L Grocery Run</p> <p>1:15 PM - AR Tech Time</p> <p>2:30 PM - AR Humphrey International Fellows: Ahmed Alkawari from Bahrain</p> <p>4:00 PM - CR Book Club</p> <p>4:00 PM - K Women's Happy Hour</p>	<p>9:30 AM - AR MoveFit</p> <p>2:00 PM - AR Next Season at the Guthrie w. Carla Steen</p> <p>4:00 PM - K Happy Hour</p> <p>5:00/7:00 PM - AR Thursday Classic Movie</p>	<p>10:00 AM Chair Yoga w/ Elis.</p> <p>10:30 AM - L Luminary Arts</p> <p>Abiitan Goes To... Collide's "The Joy List"</p> <p>2:00 PM - AR History w. Ethan</p> <p>4:00 PM - K Happy Hour</p> <p>5:00/7:00 PM - AR Film: TBD</p>	<p>1:00/4:00/7:00 AR Film: TBD</p>
29	30	31	1	2		
<p>3:00/7:00 PM - AR Sunday Movie: TBD</p>	<p>9:30 AM - AR MoveFit</p> <p>10:30 AM - AR Big Questions</p> <p>1:00 PM - CR Caregiver Support</p> <p>3:00 PM - AR Español Olé w. Nancy</p> <p>5:00 PM - K Residents Table</p> <p>5:00/7:00 PM - AR Series: TBD</p>	<p>10:00 AM - CR Community. & Conv.</p> <p>12:45 PM - AR Chair Yoga w. Elis.</p> <p>2:00 PM - CR Residents Council</p> <p>2:15 PM - AR "The American Arts & Crafts" w. L. Crawford</p> <p>4:00 PM - CR Men's Social Hour</p> <p>5/7 PM - AR Documentary: TBD</p>	<p>10:30 AM - L Grocery Run</p> <p>11:30 AM - L "Lunch Together"</p> <p>1:15 PM - AR Tech Time</p> <p>1:30 PM - CR "What's Your Story" writing group</p> <p>4:00 PM - K Women's Happy Hour</p>	<p>9:30 AM - AR MoveFit</p> <p>10:30 AM - AR Aliveness Sandwich Project</p> <p>5:00/7:00 PM - AR Thursday Classic Movie</p>	<p>Abiitan's Life Enrichment Team is: Tommaso Hettie Marques Mark</p>	<p>AR - Activity Room CR - Club Room L - Lobby T - Terraces K - Klassics Kitchen & Cocktails</p> <p>*All activities are subject to change</p>