

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 AM Morning News Sing Along DVD PM Color Corner Hydration Station	2 9:00 Day Starters with Terra 9:30 Morning News w/Terra 10:00 Exercise with Terra 10:30 Massages with Terra 11:00 Name 10 with Terra 1:00 1:1 Visits with Mel 1:45 Craft with Friends - CR 2:30 Jokes & Ice Cream-CR 3:30 Hydration Station	3 9:00 Day Starters with Dawn 9:30 Ocean Art with Dawn 10:15 Picture Match w/ Dawn 10:45 Sing Along with Joan 1:00 1:1 Visits with Terra 1:30 Exercise with Terra 2:15 Dice Game with Terra 2:45 Fidget Fun with Terra 3:30 Hydration Station	4 9:00 Day Starters with Wendy 9:45 Pet Therapy with Bev 10:00 Whoga with Wendy 10:30 Balloon Fun with Wendy 11:15 Opposites with Wendy 1:00 1:1 Visits with Terra 1:30 Hug a Pug (dog visit) CR 2:30 Puzzles with Terra 3:30 Hydration Station	5 <u>Bullseye/Target Day</u> 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Ecumen Wellness-Terra 10:45 Opposites with Terra 11:15 Poetry with Terra 1:00 Cheese Doodle with Jo 1:30 Trivia Talk with Jo 2:00 Bowling - CR 3:30 Hydration Station	6 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Exercise with Terra 11:00 Catholic Mass - CR 1:00 1:1 Visits with Wendy 1:30 Manicures with Wendy 3:00 Ukulele Sing w/ Wendy 3:30 Hydration Station 6:30 Friday Night Movie	7 AM Morning News Word Puzzles PM Movie Time Hydration Station
8 <u>Daylight Savings</u> AM Morning News Color at the Table PM Puzzle Mania Hydration Station	9 9:00 Day Starters with Terra 9:30 Newspaper with Terra 10:00 Exercise with Terra 10:45 Roller ball with Terra 11:15 Rhyme Time with Terra 1:00 1:1 Visits with Mel 1:45 Bingo Fun with Mel 2:45 Hangman with Mel 3:30 Hydration Station	10 <u>Favorite Shirt Day</u> <i>Happy Birthday Marian</i> 9:00 Day Starters with Dawn 10:00 Seated Exercise w/ Dawn 10:45 Sing Along with Joan 1:00 1:1 Visits with Wendy 1:30 Bunco Game with Wendy 2:30 Word Puzzle with Wendy 3:30 Hydration Station 5:30 Live Music @ balcony	11 9:00 Day Starters with Wendy 9:30 Devotions with Wendy 9:45 Pet Therapy with Beverly 10:00 Balloon Swat w/ Wendy 10:45 Trivia Time with Wendy 1:00 1:1 Visits with Terra 1:45 Exercise with Terra 2:45 Dice Game with Terra 3:30 Hydration Station	12 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Ecumen Wellness-Terra 10:30 Card Match with Terra 11:00 Silhouettes with Terra 1:00 1:1 Visits with Jo 1:30 Snowball Toss with Jo 2:15 Puzzle Fun with Jo 3:30 Hydration Station	13 <u>Pajama Day</u> 9:00 Day Starters w/Terra 9:30 Newspaper with Terra 9:45 Manicures with Terra 1:00 1:1 Visits with Jo 2:30 Crafting Corner - CR 3:00 Puzzles with Friends-CR 3:30 Hydration Station 6:30 Sing Along DVD	14 AM Morning News Movie Time PM Puzzles at the Table Hydration Station
15 AM Morning News Sing Along DVD PM Sunday Movie Word Puzzles Hydration Station	16 7:30 Breakfast with Mel 9:00 Day Starters with Terra 9:30 House Dog Sam Visit 10:00 Exercise with Terra 10:45 Craft Corner with Terra 1:00 1:1 Visits with Mel 1:45 Bingo Fun with Mel 3:00 Back Massage with Mel 3:30 Hydration Station	17 <u>St. Patrick's Day</u> 9:00 Day Starters with Dawn 9:30 Rollerball with Dawn 10:30 St. Patrick's Day Social & Monthly Birthday Party Featuring Gary LaRue 1:00 1:1 Visits with Terra 1:30 Whoga with Terra 2:30 Crafting with Terra 3:30 Hydration Station	18 9:00 Day Starters with Wendy 9:30 Morning News w/Wendy 9:45 Pet Therapy with Beverly 10:00 Exercise with Wendy 10:30 Faith & Friends-Wendy 1:00 1:1 Visits with Terra 1:30 Ukulele Music - CR 2:30 Girl Scout Cookies-CR 3:30 Hydration Station	19 <u>Bye Bye Winter</u> 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Ecumen Wellness-Terra 10:45 Name 10 with Terra 11:15 Poetry with Terra 1:00 1:1 Visits with Jo 1:30 End of Winter with Jo 2:15 Indoor Golf with Jo 3:30 Hydration Station	20 <u>Spring Begins</u> 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:15 Manicures with Terra 1:00 1:1 Visits with Wendy 1:30 Share the Music Program from Century College 2:30 Table Time with Wendy 3:30 Hydration Station 6:30 Wheel of Fortune	21 AM Morning News Movie Time PM Word Games at the Table Hydration Station
22 AM Morning News Balloon Toss PM Puzzles at the Table Sing Along DVD Hydration Station	23 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Exercise with Terra 10:45 Silhouettes with Terra 1:00 1:1 Visits with Mel 1:30 Bingo with Mel 2:30 Aqua Painting w/ Mel 3:00 Trivia with Mel 3:30 Hydration Station	24 9:00 Day Starters with Dawn 9:30 Chair Exercise w/ Dawn 10:00 Candy Color Game Dawn 10:45 Sing Along with Joan 1:00 1:1 Visits with Terra 1:30 Folding Corner w/ Terra 2:15 Card Game with Terra 3:30 Hydration Station 5:30 Live Music @ balcony	25 <u>March Madness</u> 9:00 Day Starters with Terra 9:30 Morning News with Terra 9:45 Pet Therapy with Beverly 10:15 March Madness Fun - CR 11:15 Story Telling with Terra 1:00 1:1 Visits with Carrie 2:30 Basketball Fun - Wendy 3:30 Hydration Station	26 <u>Twins Season Opener</u> 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Ecumen Wellness-Terra 10:30 Sing Along with Terra 11:15 Reminiscing with Terra 1:00 1:1 Visits with Wendy 1:30 Baseball Facts/Fun 2:30 Game Time with Jo 3:30 Hydration Station	27 9:00 Day Starters w/ Terra 9:30 Morning News w/ Terra 10:00 Exercise with Terra 11:15 Massage with Terra 1:00 1:1 Visits with Wendy 1:30 Manicures with Wendy 3:00 Sing with Wendy 3:30 Hydration Station 6:30 Wheel of Fortune	28 AM Morning News Sing Along DVD PM Hydration Station Movie Time
29 AM Morning News Create Color Pages PM Word Puzzles Movie Time Hydration Station	30 <u>Sandals & Sunglasses</u> 9:00 Day Starters with Terra 9:30 House Dog Sam Visit 10:00 Exercise with Terra 10:45 Card Match with Terra 11:15 Story Telling with Terra 1:00 1:1 Visits with Mel 1:30 Floats & Tunes - CR 2:30 Balloon Swat with Mel 3:30 Hydration Station	31 9:00 Day Starters with Dawn 9:30 Devotions with Dawn 10:00 Chair Exercise w/ Dawn 10:45 Sing Along with Joan 1:00 1:1 Visits with Wendy 1:30 Bingo with Wendy 2:30 Ukulele Sing w/ Wendy 3:30 Hydration Station 6:30 Wheel of Fortune		 <p><i>Activities in Red are to be lead by Resident Assistants</i></p>	 <p><i>CR=2nd Floor Community Room Snacks available anytime</i></p>	<p><i>All activities are subject to change. You can view this calendar electronically at www.ecumenlakeviewcommons.org</i></p> <p><i>If you have any questions, please e-mail Jen at: jenrasmussen@ecumen.org or call 651-773-7275</i></p>