



# Memory Care Activities March 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1.</p> <p>2:30 Coffee Break</p> <p>Day of Rest &amp; Relaxation</p>	<p>2.</p> <p>10:00 Ecumen Exercise CH and CH 67</p> <p>1:15- 2:30 Monday Art Session!</p> <p>2:30 Coffee Break</p> <p>3:00-4:30 Afternoon Activities with Britta</p>	<p>3.</p> <p>10:00 Bone Builders , Chapel &amp; Ch 67</p> <p>12:45-1:15 Walk and Talk with Britta</p> <p>1:30-2:30 Tuesday Tone-Up!</p> <p>2:30 Coffee Social</p> <p>3:00-4:30 Brain Games— A-Z game</p>	<p>4. Fun Wig Wednesday!</p> <p>10:00 Ecumen Exercise, Chapel and CH 67</p> <p>11:00 Ecumenical Worship Service, Chapel and CH 67</p> <p>2:00 Glenn Laspie- Live Entertainment— Wear a fun Wig and join us for fun music! - Grill Area</p> <p>2:30 Coffee Social</p> <p>3:00 Manicures</p>	<p>5.</p> <p>10:00 Bone Builders, Ch and CH 67</p> <p>No Life Enrichment Events as we are taking an organizational day !</p> <p>2:30 Coffee Social</p>	<p>6.</p> <p>10:00 Ecumen Exercise, Chapel and Ch 67</p> <p>1:15-2:30 One on one Strawberry Pop delivery room to room</p> <p>2:30 Coffee Social</p> <p>3:00 Bingo!</p>	<p>7.</p> <p>2:30 Coffee Social</p>
<p>8. Turn your Clock ahead!</p> <p>2:30 Coffee Break</p> 	<p>9.</p> <p>10:00 Ecumen Drumming Exercise CH and CH 67</p> <p>1:15- 2:30 Monday Art Session!</p> <p>2:30 Coffee Social</p> <p>3:00-4:30 Afternoon Activities with Britta</p>	<p>10.</p> <p>10:00 Bone Builders , Chapel &amp; Ch 67</p> <p>12:45-1:15 Walk and Talk with Britta</p> <p>1:30-2:30 Tuesday Tone-Up!</p> <p>2:30 Coffee Social</p> <p>3:00-4:30 Sing a Long to Fun Songs in the Living room!</p>	<p>11.</p> <p>10:00 Ecumen Exercise, Chapel and CH 67</p> <p>11:00 Ecumenical Worship Service, Chapel and CH 67</p> <p>2:00 MNDOT Meeting and Presentation for all residents in the Chapel</p> <p>2:30 Coffee Social</p> <p>3:00 Manicures</p>	<p>12.</p> <p>10:00 Bone Builders, Ch and CH 67</p> <p>12:45-1:45 Walk and Talk with Britta</p> <p>2:00 Leprechaun Balloon Volleyball—Chapel</p> <p>Wear your Lucky Leprechaun Green!</p> <p>2:30 Coffee Social</p> <p>3:00-4:30 Exercise Fun with Britta</p>	<p>13.</p> <p>10:00 Ecumen Exercise, Chapel and CH 67</p> <p>11:00 Documentary—Lost 50's "Milestones and Memories" - Chapel</p> <p>1:15-2:30 Hot Chocolate Delivery—one on one room to room</p> <p>2:30 Coffee Social</p> <p>3:00 Bingo!</p>	<p>14.</p> <p>11:00 Exercise—sit and be fit with Bobbie Jo</p> <p>1:30 Hat Topics Conversations</p> <p>2:30 Coffee Social</p>
<p>15.</p> <p>1:00 Sunday Matinee-- with Popcorn</p> <p>2:30 Coffee Break</p>	<p>16. St. Urho's Day Wear Purple</p> <p>10:00 Ecumen Exercise CH and CH 67</p> <p>1:15- 2:30 Monday Art Session!</p> <p>2:30 Coffee Break</p> <p>3:00-4:30 Afternoon Activities with Britta</p>	<p>17. St. Patrick Day! Wear Green!</p> <p>10:00 Bone Builders , Chapel &amp; Ch 67</p> <p>2:00 St. Patrick's Day Party!- Grill—Live Entertainment – Marlene on her Accordion.</p>  <p>2:30 Coffee Social!</p> <p>3:00-4:30- Tuesday Tone-Up!</p>	<p>18. Whacky Wednesday!</p> <p>Ecumen Health Fair</p> <p>10:00-3:00 PM</p> <p>Plaza and Chapel</p> <p>2:30 Coffee Social</p> <p>3:00 Manicures</p>	<p>19. Decade Day</p> <p>10:00 Bone Builders, Chapel &amp; 67</p> <p>11:00 Ecumenical Worship Service, Chapel and CH 67</p> <p>12:45-1:45 Exercise Fun with Britta</p> <p>2:30 Coffee Social</p> <p>3:00 Shores Happy Hour- AR</p>	<p>20. Wear your favorite Jersey Day!</p> <p>10:00 Ecumen Exercise, Chapel and Ch 67</p> <p>1:15-2:30 Get your "Sally Special" one to one room to room</p> <p>2:30 Coffee Social</p> <p>3:00 Bingo!</p>	<p>21.</p> <p>2:30 Coffee Social</p>
<p>22.</p> <p>2:30 Coffee Break</p> <p>Day of Rest &amp; Relaxation</p>	<p>23.</p> <p>10:00 Ecumen Exercise CH and CH 67</p> <p>12:45- 1:45 One on One visits with Britta</p> <p>2:00 Quarterly Memorial Service— Chapel</p> <p>2:30 Coffee Break</p> <p>3:00 Afternoon Art Circle with Britta</p>	<p>24.</p> <p>10:00 Bone Builders , Chapel &amp; Ch 67</p> <p>12:45-1:15 Walk and Talk with Britta</p> <p>1:30-2:30 Tuesday Tone-Up!</p> <p>2:30 Coffee Social</p> <p>3:00-4:30 Brain Games—Categories Game</p>	<p>25.</p> <p>10:00 Ecumen Exercise, Chapel and CH 67</p> <p>11:00 Ecumenical Worship Service, Chapel and CH 67</p> <p>12:45-1:15 Walk and Talk with Britta</p> <p>2:30 Matt McConico and Dan Hanger from Fox 21 Presentation—Chapel and CH 67</p> <p>2:30 Coffee Social</p> <p>3:00 Manicures</p>	<p>26.</p> <p>10:00 Bone Builders, Chapel &amp; 67</p> <p>2:00 "Jazz to the People" Greg Ojakangas and Crew—Live Entertainment in the Chapel</p> <p>2:30 Coffee Break</p> <p>3:00-4:30 Exercise Time with Britta</p>	<p>27.</p> <p>10:00 Ecumen Exercise, Chapel and Ch 67</p> <p>1:15 -2:30 Hot Chocolate Delivery one to one room to room</p> <p>2:30 Coffee Social</p> <p>3:00 Bingo!</p>	<p>28.</p> <p>11:00 Exercise—Sit and Be Fit with Bobbie Jo</p> <p>1:30 Fresh Cinnamin Rolls baking session before coffee</p> <p>2:30 Coffee Social</p>
<p>29. Palm Sunday</p> <p>1:00 Sunday Matinee-- with Popcorn</p> <p>2:30 Coffee Social</p>	<p>30.</p> <p>10:00 Ecumen Exercise CH and CH 67</p> <p>1:15- 2:30 Monday Art Session!</p> <p>2:30 Coffee Break</p> <p>2:30 Men's Social Circle</p>	<p>31.</p> <p>10:00 Bone Builders , Chapel &amp; Ch 67</p> <p>12:45-1:15 Walk and Talk with Britta</p> <p>1:30-2:30 Tuesday Tone-Up!</p> <p>2:30 Coffee Social and Birthday Bash!</p>  <p>3:30-4:30 Brain Games— Finish the Phrase</p>	<p>Calendar is always subject to change</p>	<p>FR=Fireside Room CR=Club Room CH=Chapel LR=Living Room AR=Activity Room LL=Lower Level GS=Grand Staircase CH67- TV Channel</p>	<p>Hello March</p> <p>M ay the early spring A waken your soul and R emind you to C elebrate the season with the H ope and Joy it brings</p>  <p>OurMindfulLife.com</p>	<p>March Birthdays:</p>  <p>Florence Davidson- March 7th</p>