



Crest Activities March 2026



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. 10:00 Gather in the Café for Coffee Social Time!	2. 9:00 Ecumen Auxilairy Meeting– FR 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00 Bridge Club– CR 1:00 Documentary– Dementia and Living Well (60 minutes)-Chapel 3:00 Care Partners Support– Gales (Facility Led)	3. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 1:30 Bingo –Fireside Room 2:30 Playing Pool –LR 3:00 Welcoming Committee– Clubroom 3:30 Stations of the Cross–Chapel	4. Fun Wig Wednesday! 9:30-10:30 Coffee Social In the Fireside Room 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 2:00 Glenn Laspie– Live Entertainment–Wear a fun Wig and join us for fun music! - Grill Area 3:00 Investment Club– CR	5. 10:00 Bone Builders, Ch and CH 67 No Life Enrichment Events as we are taking an organizational day ! 2:30 Playing Pool– LR	6. 10:00 Ecumen Exercise, Chapel and CH 67 1:30 Fix-it Friday– AR 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67 4:30-6:30 Crest Happy Hour– Clubroom	7. 10:00 Gather in the Café for Coffee Social Time! 1:30 Saturday Matinee– The Blind Side with Sandra Bullock –Chapel
8. Turn your Clock ahead!  10:00 Gather in the Café for Coffee Social Time!	9. 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Tenant Led) 1:00 Bridge Club– CR 1:00 Documentary– Alzheimer’s : What you can do (60 minutes) -Chapel 3:00 Care Partners Support– Gales (tenant Led)	10. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study CR 11:00 Ecumen Homecare Information Table– Outside of the Clubroom 1:30 Bingo–Fireside Room 2:30 Playing Pool– LR 3:00 Tasty Tuesday– 3rd floor AR–sponsored by Ecumen Auxillary 3:30 Stations of the Cross–Chapel	11. 9:30-10:30 Coffee Social in the Fireside Room 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 2:00 MNDOT Meeting and Presentation for all residents in the Chapel 3:30 Book Club– Clubroom	12. 10:00 Bone Builders, Ch and CH 67 2:00 Leprechaun Balloon Volleyball–Chapel Wear your Lucky Leprechaun Green! 2:30 Playing Pool– LR	13 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Documentary– Lost 50’s “Milestones and Memories” - Chapel 1:30– Farkle Friday Tournament in the Café–Come and Join in. - It’s a fun time. 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67 4:30-6:30 Crest Happy Hour–Clubroom	14. 10:00 Gather in the Café for Coffee Social Time!
15. 10:00 Gather in the Café for Coffee Social Time! Day of Rest & Relaxation	16. St. Urho’s Day! Wear Purple 10:00 Ecumen Exercise– Chapel and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Tenant Led) 1:00 Bridge Club– CR 1:00 PBS Documentary– Revolutionizing Dementia Care (60 minutes)-Chapel 3:00 Care Partners Support– Gales (Tenant Led)	17. St. Patrick’s Day! Wear Green 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 1:00 Bingo–Fireside Room–(notice the time change) 2:00 St. Patrick’s Day Party!- Grill–Live Entertainment– Marlene on her Accordion. 2:30 Playing Pool –LR 3:30 Stations of the Cross–Chapel	18. Whacky Wednesday! 9:30-10:30 Coffee Social in the Fireside Room Ecumen Health Fair 10:00-3:00 PM Plaza and Chapel	19. Decade Day Used Treasure Sale 10:00-3:00–Plaza Area 10:00 Bone Builders, Chapel & 67 11:00 Ecumenical Worship Service, Chapel and CH 67 2:30 Playing Pool– LR	20. Wear your favorite Jersey Day! Used Treasure Sale 9:00-12:00–Plaza Area 10:00 Ecumen Exercise, Chapel and Ch 67 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67 4:30-6:30 Crest Happy Hour–Clubroom	21. 10:00 Gather in the Café for Coffee Social Time! 1:30 Saturday Matinee - “Walk the Line”– with Reese Witherspoon–Chapel
22. 10:00 Gather in the Café for Coffee Social Time! Day of Rest & Relaxation	23. 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Tenant Led) 1:00 Bridge Club– CR 2:00 Quarterly Memorial–Chapel 3:00 Care Partners Support– Gales (Tenant Led)	24. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 11:00 Ecumen Homecare Information Table– Outside of the Clubroom 1:30 Bingo–Fireside Room 2:30 Playing Pool-LR 3:30 Stations of the Cross–Chapel	25. 9:30-10:30 Coffee Social in the Fireside Room 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 2:30 Matt McConico and Dan Hanger from Fox 21. Presentation–Chapel and CH 67	26. 10:00 Bone Builders, Chapel & 67 2:00 “Jazz to the People” Greg Ojakangas and Crew–Live Entertainment in the Chapel 2:30 Playing Pool– LR	27. 10:00 Ecumen Exercise, Chapel and Ch 67 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67 4:30-6:30 Crest Happy Hour–Clubroom	28. 10:00 Gather in the Café for Coffee Social Time!
29. Palm Sunday 10:00 Gather in the Café for Coffee Social Time! Day of Rest & Relaxation	30. 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Tenant Led) 1:00 Bridge Club– CR 1:00 PBS Documentary– Alzheimer’s The Caregiver’s Perspective (60 minutes) - Chapel 3:00 Care Partners Support– Gales (Tenant Led)	31. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 1:30 Bingo– Fireside Room 2:30 Playing Pool-LR 3:30 Stations of the Cross–Chapel	Calendar is always subject to change	<p>Hello March</p> <p>M ay the early spring, A waken your soul and R emind you to C elebrate the season with the H ope and Joy it brings</p> <p>OurMindfullLife.com</p> 	FR=Fireside Room CR=Club Room CH=Chapel LR=Living Room AR=Activity Room LL=Lower Level GS=Grand Staircase CH67– TV Channel	March Birthdays:  Peter Lundholm- March 1st Hank Noordzy- March 7th Pearl Victor- March 19th