



Events Calendar

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 1:00 PM - CR Caregiver Support 3:00 PM - AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	10:00 AM - CR Community & Conversations 1:00 PM - AR Chair Yoga w/ Elis. 3:00 PM - AR Special Presentation: Will Lucker "Activism and resources during ICE operations in Minneapolis". 4:00 PM - CR Men's Social Hour	10:30 AM - L Grocery Run 1:15 PM - T Tech Time 3:00 PM - AR Focus groups results 1:30 PM - CR "What's Your Story" writing group 4:00 PM - AR Ecumen presents: "Effective communication with Dementia"	9:30 AM - AR MoveFit 10:00 AM - L Abiitan Goes To... Thursday Musical - (Starts at 10:30 AM) 10:30 AM - AR Aliveness Sandwich Project 1:30 PM - AR "Copeland part 2" w. A. Leap 4:30 PM - AR "War Pony", in collaboration with Mill City Commons	10:00 AM Chair Yoga w/ Elis. 4:00 PM - K Happy Hour 5PM/7:00 PM - AR Film: "Gold Diggers of 1933"	1:00/4:00/7:00 AR Film: "Metropolitan" (19190) 6:30 PM - L Abiitan Goes To... Northrop Auditorium "Martha Graham Dance." (RSVP closed);
8	9	10	11	12	13	14
1:00 PM - CR Mahjong Group 2:00/7:00 PM - AR James Ivory's "Maurice" 5:00 PM - CR Superbowl 2026 Watch Party	9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 11:30 AM - AR Social Justice Group 3:00 PM - AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	10:00 AM - CR Community & Conversations 1:00 PM - AR Chair Yoga w/ Elis. 2:00 PM - AR "The American Arts & Crafts" w. L.Crawford 4:00 PM - CR Men's Social Hour 5PM/7 PM - AR Documentary: TBD	10:30 AM - L Grocery Run 11:30 AM - L Lunch at Immigrant owned restaurant, w. Carla W. 1:15 PM - AR Tech Time 4:00 PM - K Women's Happy Hour	9:30 AM - AR MoveFit 3:45 PM - T "Love Letter to Myself" Spoken Word/ Slam Poetry performance by Sha Cage 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Thursday Classic Movie	10:00 AM Chair Yoga w/ Elis. 11:15 PM - T Love Stories and Love Songs w. Brandyn 2:00 PM - AR History w. Ethan 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Film: TBD	1:30 PM - CR Cribbage Group 1:00/4:00/7:00 AR Film: TBD 5:30 PM - T Abiitan's love filled Valentines' Day Potluck
15	16	17	18	19	20	21
1:15 PM - L Abiitan Goes To... Collide's "Lttle Women (RSVP closed; show starts at 2 PM) 3:00/7:00 PM - AR London's National Theatre (Play TBD)	9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 1:00 PM - CR Caregiver Support 3:00 PM - AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series TBD	10:00 AM - CR Community & Conv. 11:15 AM - AR The Lineup of The Italian Film Festival 2026 w. Tommaso 1:00 PM - AR Chair Yoga w/ Elis. 2:00 PM - AR "The American Arts & Crafts" w. L.Crawford 4:00 PM - CR Men's Social Hour 5:00/7:00 PM - AR Documentary: TBD	10:30 AM - L Grocery Run 1:30 PM - CR "What's Your Story" writing group 1:15 PM - AR Tech Time 4:00 PM - K Women's Happy Hour	9:30 AM - AR MoveFit 10:30 AM - AR Assemble Packets for Aliveness Project 11:30 AM - AR "Talking Theater" with Guthrie's Carla Steen: "Sleuth" 1:30 PM - AR "Music and Technology" w. A. Leap 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Thursday Classic Movie	10:00 AM Chair Yoga w/ Elis. 2:00 PM - AR History w. Ethan 4:00 PM - K Happy Hour 5PM/7PM - AR Film: TBD	1:00/4:00/7:00 AR Film: TBD
22	23	24	25	26	27	28
1:00 PM - CR Mahjong Group 3:00/7:00 PM - AR Sunday Movie: TBD	9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 3:00 PM - AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	10:00 AM - CR Community & Conv. 1:00 PM - AR Chair Yoga w/ Elis. 2:00 PM - AR "The American Arts & Crafts" w. L.Crawford 2:00 PM - CR Residents Council 4:00 PM - CR Men's Social Hour 5/7 PM - AR Documentary: TBD	10:30 AM - L Grocery Run 1:15 PM - AR Tech Time 4:00 PM - CR Book Club 4:00 PM - K Women's Happy Hour	9:30 AM - AR MoveFit 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Thursday Classic Movie	10:00 AM Chair Yoga w/ Elis. 2:00 PM - AR History w. Ethan 4:00 PM -K Happy Hour 5:00/7:00 PM-AR Film: TBD	1:30 PM - CR Cribbage Group 3:00 PM - L "Sips and Sweets Soiree" 1:00/4:00/7:00 AR Film: TBD
1	2	3	4	5		
MARCH 2026 3:00/ 7:00 PM - AR Sunday Movie: TBD	9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 1:00 PM - CR Caregiver Support 3:00 PM - AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD	10:00 AM - CR Community. & Conv. 1:00 PM - AR Chair Yoga w/ Elis. 2:00 PM - AR "The American Arts & Crafts" w. L.Crawford 4:00 PM - CR Men's Social Hour 5/7 PM - AR Documentary:	10:30 AM - L Grocery Run 11:30 AM - L Lunch at Immigrant owned restaurant, w. Carla W. 1:15 PM - AR Tech Time 1:30 PM - CR "What's Your Story" writing group 4:00 PM - K Women's Happy Hour	9:30 AM - AR MoveFit 10:30 AM - AR Aliveness Sandwich Project 1:30 PM - AR "Music and Technology" w. A. Leap 5:00/7:00 PM - AR Thursday Classic Movie	Abiitan's Life Enrichment Team is: Tommaso Hettie Marques Mark	AR - Activity Room CR - Club Room L - Lobby T - Terraces K- Klassics Kitchen & Cocktails *All activities are subject to change