

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <h1>January 2026</h1> <p>CENTENNIAL HOUSE LIFE ENRICHMENT</p>												
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4	HAPPY BIRTHDAY CHERI M! AM: EXERCISE HYMN SING PM: BINGO SNACK	5	AM: CLAP ALONG EXERCISE SING ALONG! PM: TABLE GAMES SNACK	6	AM: ROSARY EXERCISE HYMN SING PM: BINGO SNACK	7	HAPPY BIRTHDAY DUANE AND VERN! AM: CHAIR EXERCISE SHORT STORY PM: CARD GAMES COFFEE KLATCH	8	AM: EXERCISE BALL TOSS PM: ROOT BEER FLOATS SOCIAL HOUR	9	HAPPY BIRTHDAY BONNIE! AM: EXERCISE SING ALONG! PM: GROUP ACTIVITY COFFEE SOCIAL	10
11	HAPPY BIRTHDAY FRAN R! AM: EXERCISE BIBLE STUDY WITH JERRY PM: BINGO SNACK	12	AM: CHAIR EXERCISE SING ALONG! PM: WORDS IN A WORD COLORING SHEETS SNACK	13	AM: ROSARY EXERCISE HYMN SING PM: BINGO SNACK	14	AM: PARACHUTE GAME SING ALONG! PM: COLOR BY NUMBER COFFEE AND COOKIES	15	AM: PARACHUTE GAME SING ALONG! PM: COLOR BY NUMBER COFFEE AND COOKIES	16	AM: EXERCISE SING ALONG! PM: ICE CREAM SOCIAL	17
18	AM: EXERCISE HYMN SING PM: POUND FITNESS CLASS WITH ERIN SNACK Martin Luther King Jr. Day	19	AM: MUSIC IN MOTION PM: CELEBRATING JANUARY BIRTHDAYS WITH ENTERTAINMENT BY COLLEEN	20	AM: MANICURES EXERCISE HYMN SING PM: ROSARY BINGO SNACK	21	AM: EXERCISE HYMN SING PM: BOARD GAMES SNACK	22	AM: MUSIC IN MOTION TABLE TIME PM: BOARD GAMES SNACK	23	AM: EXERCISE SING ALONG! PM: BALLOON VOLLEYBALL COFFEE KLATCH	24
25	AM: EXERCISE BIBLE STUDY WITH JERRY PM: BINGO SNACK	26	HAPPY BIRTHDAY CYND! AM: PARACHUTE PLAY SING ALONG! PM: CAN YOU PICTURE THIS?	27	AM: ROSARY EXERCISE HYMN SING PM: BINGO SNACK	28	AM: EXERCISE SING ALONG! PM: BEADING COFFEE SOCIAL	29	AM: EXERCISE SING ALONG! PM: BEADING COFFEE SOCIAL	30	AM: EXERCISE SING ALONG! PM: GROUP ACTIVITY SNACK	31
<p>Australia Day (Observed)</p>												

PLEASE CHECK THE DIGITAL SIGNAGE DAILY FOR ANY ACTIVITY CHANGES. DINING ROOM 4 AND HOUSE 3