

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<div></div> <h1>January 2026</h1> <h2>CENTENNIAL HOUSE LIFE ENRICHMENT</h2>				<div></div> <p>AM: BALLOON TOSS PM: POPCORN AND MOVIE <small>New Year's Day</small></p>	<p>AM: RING TOSS WOULD YOU RATHER? PM: GROUP ACTIVITY COFFEE SOCIAL</p>	<p>AM: PARACHUTE GAME SING ALONG! PM: NAME TEN SNACK</p>
<p>4 <b>HAPPY BIRTHDAY CHERI M!</b> AM: EXERCISE HYMN SING PM: BINGO SNACK</p>	<p>5 AM: CLAP ALONG EXERCISE SING ALONG! PM: TABLE GAMES SNACK</p>	<p>6 AM: ROSARY EXERCISE HYMN SING PM: BINGO SNACK</p>	<p>7 <b>HAPPY BIRTHDAY DUANE AND VERN!</b> AM: CHAIR EXERCISE SHORT STORY PM: CARD GAMES COFFEE KLATCH</p>	<p>8 AM: EXERCISE BALL TOSS PM: ROOT BEER FLOATS SOCIAL HOUR</p>	<p>9 <b>HAPPY BIRTHDAY BONNIE!</b> AM: EXERCISE SING ALONG! PM: GROUP ACTIVITY COFFEE SOCIAL</p>	<p>10</p>
<p>11 <b>HAPPY BIRTHDAY FRAN R!</b> AM: EXERCISE BIBLE STUDY WITH JERRY PM: BINGO SNACK</p>	<p>12 AM: CHAIR EXERCISE SING ALONG! PM: WORDS IN A WORD COLORING SHEETS SNACK</p>	<p>13 AM: ROSARY EXERCISE HYMN SING PM: BINGO SNACK</p>	<p>14 AM: PARACHUTE GAME SING ALONG! PM: COLOR BY NUMBER COFFEE AND COOKIES</p>	<p>15 AM: CHAIR EXERCISE HYMN SING PM: ICE CREAM SOCIAL</p>	<p>16 AM: EXERCISE SING ALONG! PM: GROUP ACTIVITY COFFEE SOCIAL</p>	<p>17</p>
<p>18 AM: EXERCISE HYMN SING PM: POUND FITNESS CLASS WITH ERIN SNACK <small>Martin Luther King Jr. Day</small></p>	<p>19 AM: MUSIC IN MOTION PM: <b>CELEBRATING JANUARY BIRTHDAYS WITH ENTERTAINMENT BY COLLEEN</b></p>	<p>20 AM: MANICURES EXERCISE HYMN SING PM: ROSARY BINGO SNACK</p>	<p>21 AM: EXERCISE HYMN SING PM: BOARD GAMES SNACK</p>	<p>22 AM: MUSIC IN MOTION TABLE TIME PM: BALLOON VOLLEYBALL COFFEE KLATCH</p>	<p>23 AM: EXERCISE SING ALONG! PM: GROUP ACTIVITY COFFEE SOCIAL</p>	<p>24</p>
<p>25 AM: EXERCISE BIBLE STUDY WITH JERRY PM: BINGO SNACK <small>Australia Day (Observed)</small></p>	<p>26 <b>HAPPY BIRTHDAY CYNDI!</b> AM: PARACHUTE PLAY SING ALONG! PM: CAN YOU PICTURE THIS?</p>	<p>27 AM: ROSARY EXERCISE HYMN SING PM: BINGO SNACK</p>	<p>28 AM: EXERCISE SING ALONG! PM: BEADING COFFEE SOCIAL</p>	<p>29 AM: EXERCISE SING ALONG! PM: GROUP ACTIVITY SNACK</p>	<p>30 AM: EXERCISE SING ALONG! PM: GROUP ACTIVITY COFFEE SOCIAL</p>	<p>31</p>

PLEASE CHECK THE DIGITAL SIGNAGE DAILY FOR ANY ACTIVITY CHANGES. DINING ROOM 4 AND HOUSE 3