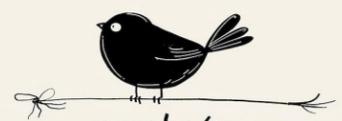




Memory Care Activities February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. 2:30 Coffee Break	2. Groundhog Day ! 10:00 Ecumen Exercise CH and CH 67 1:15- 2:30 Monday Art Session! 2:30 Coffee Break 3:00-4:30 Afternoon Activities with Britta	3. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social 3:00-4:30 Brain Games	4. 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 2:00 Michael Patterson on the Piano with Beverage and appetizer social—Grill Area 2:30 Coffee Social 3:00 Manicures	5. 10:00 Bone Builders, Ch and CH 67 12:45-1:15 Walk and Talk with Britta 1:30 Gloria Dei Lutheran Church Service in Chapel 1:30-2:30 Exercise with Britta 2:30 Coffee Social 3:00-4:30 Active Game	6. Go Red for GO RED Day for Women 10:00 Ecumen Exercise, Chapel and Ch 67 1:30 Opening Ceremony for the Ecumen Winter Olympics along with a Plunger Winter Game—Chapel 2:30 Coffee Social 3:00 Bingo!	7. 2:30 Coffee Social
8. 2:30 Coffee Break Day of Rest & Relaxation	9. 10:00 Ecumen Drumming Exercise CH and CH 67 1:15- 2:30 Monday Art Session! 2:30 Coffee Social 3:00-4:30 Afternoon Art	10. Wear Pink! 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social 3:00-4:30 Sing a Long “Love Songs”	11. Wear Hearts! 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 1:00-3:00 All Campus Valentine Ice Cream Floats—Café - Come have something sweet! 2:30 Coffee Social 3:00 Manicures	12. Wear Red! 10:00 Bone Builders, Ch and CH 67 2:00 Peggy Ricci on her accordion with “Valentine Love Songs” Grill Area –Happy Hour and Chocolate Come and Sing along 2:30 Coffee Social 3:00-4:30 Exercise with Britta	13. Wear Your Valentine Attire! 10:00 Ecumen Exercise, Chapel and CH 67 12:45-2:00 Wish of a Lifetime” Rose Delivery all day! Room to room 2:30 Coffee Social 3:00 Bingo!	14. Happy Valentines Day!  2:30 Coffee Social
15. 2:30 Coffee Break Day of Rest & Relaxation	16. Presidents Day! 10:00 Ecumen Exercise CH and CH 67 1:15- 2:30 Monday Art Session! 2:30 Coffee Break 3:00-4:30 Afternoon Activities with Britta	17. Mardi Gras- Wear your colors and Beads 10:00 Bone Builders , Chapel & Ch 67 1:00-2:30 All Campus Jambalaya Feast in the Café to celebrate Mardi Gras—Wear your beads and bright colors 2:30 Coffee Social! 3:00-4:30- Tuesday Tone-Up!	18. 10:00 Ecumen Exercise, Chapel and Ch 67 11:00 Ash Wednesday Ecumenical Worship Service, Chapel and CH 67 2:00 Olympic Hockey Competition—Chapel and CH 67  2:30 Coffee Social 3:00 Manicures	19. 10:00 Bone Builders, Chapel & 67 2:00 Hanger Toss Olympic Competition with closing Ceremony—chapel  2:30 Coffee Social 3:00-4:30 Exercise with Britta	20. 10:00 Ecumen Exercise, Chapel and Ch 67 12:45-2:00 Hot Chocolate Delivery —Room to room 2:30 Coffee Social 3:00 Bingo!	21. 2:30 Coffee Social
22. 2:30 Coffee Break Day of Rest & Relaxation	23. 10:00 Ecumen Exercise CH and CH 67 1:15- 2:30 Monday Art Session! 2:30 Coffee Break 3:00-4:30 Men’s Social	24. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social 3:00 Happy Hour and Birthday Bash – LR	25. 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Bloody Mary Bar in the Café 2:30 Coffee Social 3:00 Manicures	26. 10:00 Bone Builders, Chapel & 67 1:00-3:00 “Glamour Shots” at the bottom of the Grand Staircase. 2:30 Coffee Break 3:00-4:30 Exercise Time with Britta 6:00 Windjammers –Live Entertainment in the Chapel—Come and listen to some great music!	27. 10:00 Ecumen Exercise, Chapel and Ch 67 12:45-2:00 Lemonade Delivery Room to Room 2:30 Coffee Social 3:00 Bingo!	28. 2:30 Coffee Social
	FR=Fireside Room CR=Club Room CH=Chapel LR=Living Room AR=Activity Room LL=Lower Level GS=Grand Staircase CH67– TV Channel		Calendar is always subject to change	February Birthday's No Birthday's	 everyday is a new adventure...	