



Events Calendar

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Abiitan's Life Enrichment Team: Tommaso Hettie Marques Mark</div>	<div>AR - Activity Room CR – Club Room L – Lobby T – Terraces K- Klassics Kitchen & Cocktails</div> <div>*All activities are subject to change</div>			<div>HAPPY 2026 ABIITAN</div>	<div>2</div> <div>9:30 AM Chair Yoga w/ Elis. 4:00 PM - K Happy Hour 5PM/7:00 PM – AR Film: "Ladies in Lavender"</div>	<div>3</div> <div>1:30 PM - CR Cribbage Group (New)</div> <div>1:00/4:00/7:00 AR Film: "The Roses"</div>
<div>4</div> <div>1/3:30/7:00 PM - AR Film "The Kids Are Alright"</div>	<div>5</div> <div>9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 1:00 PM – CR Caregiver Support 3:00 PM – AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD</div>	<div>6</div> <div>10:00 AM – CR Community & Conversations 1:00 PM - AR Chair Yoga w/ Elis. 4:00 PM - CR Men's Social Hour 5:00 PM - CR Women's Little Christmas (event for women only) 5PM/ 7 PM – AR Documentary: TBD</div>	<div>7</div> <div>1 0:30 AM - L Grocery Run 1:30 PM - CR "What's Your Story" writing group 1:45 PM - AR Tech Time 4:00 PM – AR "Decision-Making with Dementia" (Final Event of 3) 4:00 PM - K Women's Happy Hour</div>	<div>8</div> <div>9:30 AM – AR MoveFit 10:30 AM – AR Aliveness Sandwich Project 1:00 PM Chair Yoga w/ Elisabeth 3:00 PM – T Lucy Rose and Mark F. 60th Anniversary celebration. All residents are invited. 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Thursday Classic Movie</div>	<div>9</div> <div>ALL DAY - AR Abiitan's Focus Groups: 9:30 AM. 12:30 PM; 3:15 PM (Groups last approx. 90 min.) 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Film: TBD</div>	<div>10</div> <div>1:00/4:00/7:00 AR Film: TBD</div>
<div>11</div> <div>1:00 PM - CR Mahjong Group (New) 3:30 PM - T "A New Year Together": An afternoon appetizer/dessert potluck to celebrate Abiitan's long time and newest programs/events collaborators 7:00 PM - AR London's National Theatre (Play TBD)</div>	<div>12</div> <div>9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 11:30 AM - AR Social Justice Group w, guest Sharon Abel (ED of Groveland Food Shelf) 3:00 PM – AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series TBD</div>	<div>13</div> <div>10:00 AM – CR Community & Conv. 1:00 PM - AR Chair Yoga w/ Elis. 3:00 PM – AR Movies with Tommaso: Movie TBD 5:00/7:00 PM - AR Documentary: TBD</div>	<div>14</div> <div>10:30 AM - L Grocery Run 1:15 PM – AR (New Time) Tech Time 4:00 PM – K Women's Happy Hour</div>	<div>15</div> <div>9:30 AM – AR MoveFit 10:30 AM – AR Assemble Packets for Aliveness Project 1:30 PM - AR "Controversial Music" w. A. Leap 3:00 PM – L Abiitan Walks To... The Main Cinema for "Marty Supreme" (show at 3:30PM) 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Thursday Classic Movie</div>	<div>16</div> <div>10:00 AM (New Start Time) Chair Yoga w/ Elis. 2:00 PM - AR History w. Ethan 4:00 PM - K Happy Hour 5PM/7PM - AR Film: TBD</div>	<div>17</div> <div>1:30 PM - CR Cribbage Group (New)</div> <div>1:00/4:00/7:00 AR Film: TBD</div>
<div>18</div> <div>3:00/7:00 PM – AR Sunday Movie: TBD</div>	<div>19</div> <div>9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 1:00 PM – CR Caregiver Support 3:00 PM – AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD</div>	<div>20</div> <div>Abiitan's Food Drive Begins!</div> <div>10:00 AM – CR Community & Conv. 11:15 AM - AR Henry Berman's "Middle East Conflict" Series - IRAN 1:00 PM - AR Chair Yoga w/ Elis, 4:00 PM - CR Men's Social Hour 5/7 PM - AR Documentary: TBD</div>	<div>21</div> <div>10:30 AM - L Grocery Run 1:30 PM - CR "What's Your Story" writing group 1:15 PM - AR Tech Time 4:00 PM - K Women's Happy Hour</div>	<div>22</div> <div>9:30 AM – AR MoveFit 10:00 AM - L Abiitan Goes To... Thursday Musical – Hennepin Ave. United Methodist Church (Starts at 10:30 AM) 2:00 PM - L Residents meet with Life Enrichment Team for brainstorming & ideas 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Thursday Classic Movie</div>	<div>23</div> <div>10:00 AM Chair Yoga w/ Elis. 3:00 PM – AR Movies with Tommaso: TBD 4:00 PM -K Happy Hour 7:00 PM-AR Film: TBD</div>	<div>24</div> <div>1:00/4:00/7:00 AR Film: TBD</div>
<div>25</div> <div>1:00 PM - CR Mahjong Group (New) 3:00/ 7:00 PM - AR Sunday Movie: TBD</div>	<div>26</div> <div>9:30 AM - AR MoveFit 10:30 AM - AR Big Questions 3:00 PM – AR Español Olé w. Nancy 4:00 PM - K Happy Hour 5:00/7:00 PM - AR Series: TBD</div>	<div>27</div> <div>10:00 AM – CR Community. & Conv. 1:00 PM - AR Chair Yoga w/ Elis. 2:15 PM – AR Carla Steen discusses Guthrie's Macbeth 4:00 PM - CR Men's Social Hour 5/7 PM - AR Documentary: TBD</div> <div>Abiitan's Food Drive Ends!</div>	<div>28</div> <div>10:30 AM - L Grocery Run 1:15 PM - AR Tech Time 2:15 PM – AR Humphrey International Fellows 2026 Series 4:30 PM - CR Book Club 4:00 PM - K Women's Happy Hour</div>	<div>29</div> <div>9:30 AM – AR MoveFit 5:00/7:00 PM - AR Thursday Classic Movie 6:45 PM - L Abiitan Goes To... Northrop Auditorium "Les Ballets Trocadero de Monte Carlo." (RSVP; transportation provided if minimum of 10 participants is reached)</div>	<div>30</div> <div>10:00 AM Chair Yoga w/ Elis. 2:00 PM - AR History w. Ethan 5:00/7:00 PM - AR Film TBD</div>	<div>31</div> <div>1:30 PM - CR Cribbage Group (New)</div>