



Fountains Activities January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FR=Fireside Room CR=Club Room CH=Chapel LR=Living Room AR=Activity Room LL=Lower Level GS=Grand Staircase CH67-TV Channel	Calendar is always subject to change			1. No Life Enrichment Events today! 10:00 Bone Builders, Chapel & 67 	2. Flannel Fridays 10:00 Ecumen Exercise, Chapel and CH 67 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	3. 10:00 Gather in the Café for Coffee Social Time!
4. 10:00 Gather in the Café for Coffee Social Time!	5. 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00 Movie—Iron Will—Chapel 1:00 Bridge Club- CR 3:00 Care Partners Support- Gales (Facility Led)	6. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 1:30 Bingo—1st floor Dining Room	7. 10:00 Ecumen Exercise, Chapel and CH 67 10:00-11:00 Fountian's Hot Chocolate Hour- 1st floor Common Area 11:00 Ecumenical Worship Service, Chapel and CH 67 3:00 Investment Club- Clubroom	8. Dress in your favorite 50's attire. 10:00 Bone Builders, Ch and CH 67 11:00-12:00 NorthShore Bank Education—Chapel Come and Learn! 2:00 Celebration of Elvis's Birthday Chapel See Elvis himself and come to enjoy a favorite of his!	9. Flannel Fridays 10:00 Ecumen Exercise, Chapel and CH 67 1:30 Manicures- 1st floor Dining room 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	10. Board and Card Games on each Unit – Help Yourself 10:00 Gather in the Café for Coffee Social Timel
11. 10:00 Gather in the Café for Coffee Social Time!	12. 10:00 Ecumen Drumming Exercise—Chapel and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00 Bridge Club- CR 2:00 Quarterly Memorial—Chapel A time to honor those that have passed. 3:00 Care Partners Support- Gales	13. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 11:00 Ecumen Homecare Information Table—Main Entrance of the Fountains 1:30 Snack Cart- Room to Room Delivery	14. 10:00 Ecumen Exercise, Chapel and Ch 67 11:00 Ecumenical Worship Service, Chapel and CH 67 1:30-3:00 Wellness Hand Massages—Chapel	15. 10:00 Bone Builders, Chapel & 67 2:00 “Born too Late” Live Entertainment and Happy Hour—Grill Area 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	16. Flannel Fridays 10:00 Ecumen Exercise, Chapel and Ch 67 1:30 Farkle Friday Funtime! Café –Come and Shake the Dice and have a Farkle of a good time. 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	17. Board and Card Games on each Unit – Help Yourself 10:00 Gather in the Café for Coffee Social Time! 
18. 10:00 Gather in the Café for Coffee Social Time!	19. Martin Luther King Day No Life Enrichment Events on this day	20. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 1:30 Bingo—1st floor Dining Room	21. 10:00 Ecumen Exercise, Chapel and CH 67 10:00-11:00 Fountian's Hot Chocolate Hour- 1st floor Common Area 11:00 Ecumenical Worship Service, Chapel and CH 67	22. Dress in your favorite Beach Wear 10:00 Bone Builders, Chapel & 67 11:00 “The Incredible Life of a Sled Dog” Wildlife Documentary—Natural Kingdom— chapel 45 Minutes 2:00 Beach Boys Beach Party—Bahama Mama’s Happy Hour and Beach Ball Game –Grill Area	23.. Flannel Fridays 10:00 Ecumen Exercise, Chapel and Ch 67 1:30 Manicures –1st Floor Dining Room 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	24. Board and Card Games on each Unit – Help Yourself 10:00 Gather in the Café for Coffee Social Time! 1:30- Saturday Matinee—“City of Angels” Chapel
25. 10:00 Gather in the Café for Coffee Social Time!	26. 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00- Documentary- Animal Winter Wonderland —Chapel 45 minutes 1:00 Bridge Club- CR 3:00 Care Partners Support- Gales	27. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 11:00 Ecumen Homecare Information Table—Main Entrance of the Fountains 1:30 Snack Cart- Room to Room Delivery	28. . 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 1:30- 3:00 “Get the Scoop of how Life Enrichment can fulfill your day ! Celebrating Life Enrichment Week” Café Ice Cream Cones for everyone	29. 10:00 Bone Builders, Chapel & 67 2:00 Auxiliary Tea in the Chapel “Come and learn what it is like to join the Auxiliary”	30. Flannel Fridays 10:00 Ecumen Drumming Exercise, Chapel and Ch 67 2:00 Seated Balloon Volleyball –Chapel Let's have a fun time! 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	31. Board and Card Games on each Unit – Help Yourself 10:00 Gather in the Café for Coffee Social Time!