



Memory Care Activities January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FR=Fireside Room CR=Club Room CH=Chapel LR=Living Room AR=Activity Room LL=Lower Level GS=Grand Staircase CH67-TV Channel	Calendar is always subject to change	JANUARY BIRTHDAYS: CHAR JUNTANEN- JANUARY 12TH THERESA VAUGHN - JANUARY 12TH		1. No Life Enrichment Events today! 10:00 Bone Builders, Chapel & 67 2:30 Coffee Social 	2. Flannel Fridays 10:00 Ecumen Exercise, Chapel and CH 67 12:45-2:00 Soda Fountain delivery—Room to room 2:30 Coffee Social 3:00 Bingo!	3. 10:00 Gather in the Café for Coffee Social Time!
4. 2:30 Coffee Break Day of Rest & Relaxation	5. 10:00 Ecumen Exercise CH and CH 67 1:00 Movie—Iron Will—Chapel—Out to the Movies 2:30 Coffee Social 3:00-4:30 Afternoon Art	6. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social 3:00-4:30 Brain Games	7. 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 12:45-1:15 Walk and Talk with Britta 1:30-3:00 Manicures 3:00 Shores Happy Hour— LR	8. Dress in your favorite 50's attire. 10:00 Bone Builders, Ch and CH 67 2:00 Celebration of Elvis's Birthday Chapel See Elvis himself and come to enjoy a favorite of his! 2:30 Coffee Social 3:00-4:30 Exercise with Britta to Elvis Songs	9. Flannel Fridays 10:00 Ecumen Exercise, Chapel and CH 67 12:45-2:00 Lemonade Delivery—Room to room 2:30 Coffee Social 3:00 Bingo!	10. 2:30 Coffee Social
11. 2:30 Coffee Break Day of Rest & Relaxation	12. 10:00 Ecumen Drumming Exercise—Chapel and CH 67 1:15- 2:30 Monday Art Session! 2:30 Coffee Break 3:00-4:30 Afternoon Activities with Britta	13. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social 3:00-4:30 Brain Games	14. 10:00 Ecumen Exercise, Chapel and Ch 67 11:00 Ecumenical Worship Service, Chapel and CH 67 1:30-2:30 Manicures 2:30 Coffee Social	15. 10:00 Bone Builders, Chapel & 67 2:00 “Born too Late” Live Entertainment and Happy Hour—Grill Area 2:30 Coffee Social	16. Flannel Fridays 10:00 Ecumen Exercise, Chapel and Ch 67 12:45-2:00 Hot Chocolate Delivery—Room to room 2:30 Coffee Social 3:00 Bingo!	17. 2:30 Coffee Social 
18. 2:30 Coffee Break Day of Rest & Relaxation	19. Martin Luther King Day No Life Enrichment Events on this day 2:30 Coffee Break	20. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social 3:00-4:30 Brain Games	21. 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Manicures 2:30 Coffee Social 3:00 Reminiscing about Snow and Winter	22. Dress in your favorite Beach Wear 10:00 Bone Builders, Chapel & 67 11:00 “The Incredible Life of a Sled Dog” Wildlife Documentary—Natural Kingdom— chapel 45 Minutes 2:00 Beach Boys Beach Party—Bahama Mama’s Happy Hour and Beach Ball Game –Grill Area 3:00-4:30 Exercise Time with Britta	23.. Flannel Fridays 10:00 Ecumen Exercise, Chapel and Ch 67 12:45-2:00 Root Beer Floats—Room to room Delivery 2:30 Coffee Social 3:00 Bingo!	24. 2:30 Coffee Social
25. 2:30 Coffee Break Day of Rest & Relaxation	26. 10:00 Ecumen Exercise CH and CH 67 1:00- Documentary- Animal Winter Wonderland —Chapel 45 minutes Out to the Movies 2:30 Winter Visit for the Shores—Memory Care 3:45-4:30 Afternoon Activities with Britta	27. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social and Birthday Bash! 3:00-4:30 Brain Games	28. . 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 1:30- 3:00 “Get the Scoop of how Life Enrichment can fulfill your day ! Celebrating Life Enrichment Week” Café Ice Cream Cones for everyone	29. 10:00 Bone Builders, Chapel & 67 1:15-2:30 Exercise Time with Britta 2:30 Coffee Social 3:00 Brain Games	30. Flannel Fridays 10:00 Ecumen Drumming Exercise, Chapel and Ch 67 2:00 Seated Balloon Volleyball –Chapel Let's have a fun time! 2:30 Coffee Social 3:00 Bingo!	31. 2:30 Coffee Social