






Memory Care Activities January 2026



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|--|
| FR=Fireside Room CR=Club Room CH=Chapel LR=Living Room AR=Activity Room LL=Lower Level GS=Grand Staircase CH67– TV Channel | Calendar is always subject to change | JANUARY BIRTHDAYS: CHAR JUNTANEN- JANUARY 12TH THERESE VAUGHN - JANUARY 12TH |  | 1. No Life Enrichment Events today! 10:00 Bone Builders, Chapel & 67 2:30 Coffee Social  | 2. Flannel Fridays 10:00 Ecumen Exercise, Chapel and CH 67 12:45-2:00 Soda Fountain delivery—Room to room 2:30 Coffee Social 3:00 Bingo! | 3. 10:00 Gather in the Café for Coffee Social Time! |
| 4. 2:30 Coffee Break Day of Rest & Relaxation | 5. 10:00 Ecumen Exercise CH and CH 67 1:00 Movie—Iron Will—Chapel—Out to the Movies 2:30 Coffee Social 3:00-4:30 Afternoon Art | 6. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social 3:00-4:30 Brain Games | 7. 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 12:45-1:15 Walk and Talk with Britta 1:30-3:00 Manicures 3:00 Shores Happy Hour– LR | 8. Dress in your favorite 50's attire. 10:00 Bone Builders, Ch and CH 67 2:00 Celebration of Elvis's Birthday Chapel See Elvis himself and come to enjoy a favorite of his! 2:30 Coffee Social 3:00-4:30 Exercise with Britta to Elvis Songs | 9. Flannel Fridays 10:00 Ecumen Exercise, Chapel and CH 67 12:45-2:00 Lemonade Delivery —Room to room 2:30 Coffee Social 3:00 Bingo! | 10. 2:30 Coffee Social |
| 11. 2:30 Coffee Break Day of Rest & Relaxation | 12. 10:00 Ecumen Drumming Exercise– Chapel and CH 67 1:15– 2:30 Monday Art Session! 2:30 Coffee Break 3:00-4:30 Afternoon Activities with Britta | 13. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social 3:00-4:30 Brain Games | 14. 10:00 Ecumen Exercise, Chapel and Ch 67 11:00 Ecumenical Worship Service, Chapel and CH 67 1:30-2:30 Manicures 2:30 Coffee Social | 15. 10:00 Bone Builders, Chapel & 67 2:00 “Born too Late” Live Entertainment and Happy Hour—Grill Area 2:30 Coffee Social | 16. Flannel Fridays 10:00 Ecumen Exercise, Chapel and Ch 67 12:45-2:00 Hot Chocolate Delivery —Room to room 2:30 Coffee Social 3:00 Bingo! | 17. 2:30 Coffee Social  |
| 18. 2:30 Coffee Break Day of Rest & Relaxation | 19. Martin Luther King Day No Life Enrichment Events on this day 2:30 Coffee Break | 20. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social 3:00-4:30 Brain Games | 21. 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Manicures 2:30 Coffee Social 3:00 Reminiscing about Snow and Winter | 22. Dress in your favorite Beach Wear 10:00 Bone Builders, Chapel & 67 11:00 “ The Incredible Life of a Sled Dog” Wildlife Documentary—Natural Kingdom– chapel 45 Minutes 2:00 Beach Boys Beach Party—Bahama Mama’s Happy Hour and Beach Ball Game –Grill Area 3:00-4:30 Exercise Time with Britta | 23.. Flannel Fridays 10:00 Ecumen Exercise, Chapel and Ch 67 12:45-2:00 Root Beer Floats —Room to room Delivery 2:30 Coffee Social 3:00 Bingo! | 24. 2:30 Coffee Social |
| 25. 2:30 Coffee Break Day of Rest & Relaxation | 26. 10:00 Ecumen Exercise CH and CH 67 1:00– Documentary– Animal Winter Wonderland —Chapel 45 minutes Out to the Movies 2:30 Winter Visit for the Shores—Memory Care 3:45-4:30 Afternoon Activities with Britta | 27. 10:00 Bone Builders , Chapel & Ch 67 12:45-1:15 Walk and Talk with Britta 1:30-2:30 Tuesday Tone-Up! 2:30 Coffee Social and Birthday Bash! 3:00-4:30 Brain Games | 28. . 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 1:30- 3:00 “Get the Scoop of how Life Enrichment can fulfill your day ! Celebrating Life Enrichment Week” Café Ice Cream Cones for everyone | 29. 10:00 Bone Builders, Chapel & 67 1:15-2:30 Exercise Time with Britta 2:30 Coffee Social 3:00 Brain Games | 30. Flannel Fridays 10:00 Ecumen Drumming Exercise, Chapel and Ch 67 2:00 Seated Balloon Volleyball –Chapel Let’s have a fun time! 2:30 Coffee Social 3:00 Bingo! | 31. 2:30 Coffee Social |