



Crest Activities January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FR=Fireside Room CR=Club Room CH=Chapel LR=Living Room AR=Activity Room LL=Lower Level GS=Grand Staircase CH67– TV Channel	Calendar is always subject to change	JANUARY BIRTHDAYS:		<p>1. No Life Enrichment Events today!</p> <p>10:00 Bone Builders, Chapel & 67</p> 	<p>2. Flannel Fridays</p> <p>10:00 Ecumen Exercise, Chapel and CH 67</p> <p>3:30 Praying the Rosary, Chapel</p> <p>4:00 Catholic Mass, Chapel & 67</p> <p>4:30-6:30 Crest Happy Hour –Clubroom</p>	<p>3. 10:00 Gather in the Café for Coffee Social Time!</p>
4. 10:00 Gather in the Café for Coffee Social Time!	<p>5. 9:00 Ecumen Auxiliary Meeting–Fireside 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00 Movie—Iron Will—Chapel 1:00 Bridge Club- CR 3:00 Care Partners Support- Gales</p>	<p>6. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 1:30 Bingo—Fireside Room 3:00 Welcoming Committee –CR</p>	<p>7. 9:30 –10:00 Coffee Social in the Fireside room 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 3:00 Investment Club– Clubroom</p>	<p>8. Dress in your favorite 50's attire.</p> <p>10:00 Bone Builders, Ch and CH 67</p> <p>11:00-12:00 NorthShore Bank Education—Chapel Come and learn!</p> <p>2:00 Celebration of Elvis's Birthday Chapel</p> <p>See Elvis himself and come to enjoy a favorite of his!</p>	<p>9. Flannel Fridays</p> <p>10:00 Ecumen Exercise, Chapel and CH 67</p> <p>1:30 Fix it Fridays– AR</p> <p>3:30 Praying the Rosary, Chapel</p> <p>4:00 Catholic Mass, Chapel & 67</p> <p>4:30-6:30 Crest Happy Hour –Clubroom</p>	<p>10. 10:00 Gather in the Café for Coffee Social Time!</p>
11. 10:00 Gather in the Café for Coffee Social Time!	<p>12. 10:00 Ecumen Drumming Exercise—Chapel and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00 Bridge Club- CR 2:00 Quarterly Memorial—Chapel A time to honor those that have passed. 3:00 Care Partners Support- Gales</p>	<p>13. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 11:00 Ecumen Homecare Information Table–Main Entrance of the Fountains 1:30 Bingo– Fireside Room 3:00 Tasty Tuesday– AR</p>	<p>14. 9:30 –10:00 Coffee Social in the Fireside room 10:00 Ecumen Exercise, Chapel and Ch 67 11:00 Ecumenical Worship Service, Chapel and CH 67 2:00 Book Club –Clubroom</p>	<p>15. 10:00 Bone Builders, Chapel & 67</p> <p>2:00 “Born too Late” Live Entertainment and Happy Hour—Grill Area</p>	<p>16. Flannel Fridays</p> <p>10:00 Ecumen Exercise, Chapel and Ch 67</p> <p>1:30 Farkle Friday Funtime! Café –Come and Shake the Dice and have a Farkle of a good time.</p> <p>3:30 Praying the Rosary, Chapel</p> <p>4:00 Catholic Mass, Chapel & 67</p> <p>4:30-6:30 Crest Happy Hour –Clubroom</p>	<p>17. 10:00 Gather in the Café for Coffee Social Time!</p> 
Day of Rest & Relaxation						
18. 10:00 Gather in the Café for Coffee Social Time!	19. Martin Luther King Day No Life Enrichment Events on this day	<p>20. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 1:30 Bingo—Fireside Room</p> 	<p>21. 9:30 –10:00 Coffee Social in the Fireside room 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67</p>	<p>22. Dress in your favorite Beach Wear</p> <p>10:00 Bone Builders, Chapel & 67</p> <p>11:00 “The Incredible Life of a Sled Dog” Wildlife Documentary—Natural Kingdom– chapel 45 Minutes</p> <p>2:00 Beach Boys Beach Party—Bahama Mama’s Happy Hour and Beach Ball Game –Grill Area</p>	<p>23.. Flannel Fridays</p> <p>10:00 Ecumen Exercise, Chapel and Ch 67</p> <p>3:30 Praying the Rosary, Chapel</p> <p>4:00 Catholic Mass, Chapel & 67</p> <p>4:30-6:30 Crest Happy Hour –Clubroom</p>	<p>24. 10:00 Gather in the Café for Coffee Social Time!</p> <p>1:30– Saturday Matinee—“City of Angels” Chapel</p>
Day of Rest & Relaxation						
25. 10:00 Gather in the Café for Coffee Social Time!	26. 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00- Documentary- Animal Winter Wonderland —Chapel 45 minutes 1:00 Bridge Club- CR 3:00 Care Partners Support- Gales	<p>27. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 11:00 Ecumen Homecare Information Table–Main Entrance of the Fountains 1:30 Bingo—Fireside</p>	<p>28. 9:30 –10:00 Coffee Social in the Fireside room 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67</p> <p>1:30- 3:00 “Get the Scoop of how Life Enrichment can fulfill your day ! Celebrating Life Enrichment Week” Café</p> <p>Ice Cream Cones for everyone</p>	<p>29.</p> <p>10:00 Bone Builders, Chapel & 67</p> <p>2:00 Auxiliary Tea in the Chapel—“Come and learn what it is like to join the Auxiliary”</p>	<p>30. Flannel Fridays</p> <p>10:00 Ecumen Drumming Exercise, Chapel and Ch 67</p> <p>2:00 Seated Balloon Volleyball –Chapel Let’s have a fun time!</p> <p>3:30 Praying the Rosary, Chapel</p> <p>4:00 Catholic Mass, Chapel & 67</p> <p>4:30-6:30 Crest Happy Hour –Clubroom</p>	<p>31. 10:00 Gather in the Café for Coffee Social Time!</p>
Day of Rest & Relaxation						