






Shores Activities January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FR=Fireside Room CR=Club Room CH=Chapel LR=Living Room AR=Activity Room LL=Lower Level GS=Grand Staircase CH67– TV Channel	Calendar is always subject to change	JANUARY BIRTHDAYS: SANDRA WILLARD– JANUARY 5TH KATHY FRANK– JANUARY 7TH DELORES MCCLERON–JANUARY 10TH BETHEL ANDERSON– JANUARY 26TH		1. No Life Enrichment Events today! 10:00 Bone Builders, Chapel & 67 	2. Flannel Fridays 10:00 Ecumen Exercise, Chapel and CH 67 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	3. 10:00 Gather in the Café for Coffee Social Time!
4. 10:00 Gather in the Café for Coffee Social Time!	5. 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00 Movie—Iron Will—Chapel 1:00 Bridge Club– CR 3:00 Care Partners Support– Gales (Facility Led) 3:00 Coffee Social—3rd floor AR	6. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 1:30 Bingo—3rd floor Activity Room	7. 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 3:00 Investment Club– Clubroom 3:00 Shores Happy Hour– LR	8. Dress in your favorite 50's attire. 10:00 Bone Builders, Ch and CH 67 11:00-12:00 NorthShore Bank Education—Chapel Come and Learn! 2:00 Celebration of Elvis's Birthday Chapel See Elvis himself and come to enjoy a favorite of his!	9. Flannel Fridays 10:00 Ecumen Exercise, Chapel and CH 67 10:00 Manicures –AR 1:30 Fix it Fridays– AR 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	10. 10:00 Gather in the Café for Coffee Social Time!
11. 10:00 Gather in the Café for Coffee Social Time! Day of Rest & Relaxation	12. 10:00 Ecumen Drumming Exercise– Chapel and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00 Bridge Club– CR 2:00 Quarterly Memorial—Chapel A time to honor those that have passed. 3:00 Care Partners Support– Gales 3:00 Coffee Social—3rd floor AR	13. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 11:00 Ecumen Homecare Information Table– Main Entrance of the Fountains 1:30 Bingo– 3rd Floor AR	14. 10:00 Ecumen Exercise, Chapel and Ch 67 11:00 Ecumenical Worship Service, Chapel and CH 67 2:00 Book Club –Clubroom 1:30-3:00 Wellness Hand Massages—Chapel	15. 10:00 Bone Builders, Chapel & 67 2:00 “Born too Late” Live Entertainment and Happy Hour—Grill Area	16. Flannel Fridays 10:00 Ecumen Exercise, Chapel and Ch 67 1:30 Farkle Friday Funtime! Café –Come and Shake the Dice and have a Farkle of a good time. 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	17. 10:00 Gather in the Café for Coffee Social Time! 
18. 10:00 Gather in the Café for Coffee Social Time! Day of Rest & Relaxation	19. Martin Luther King Day No Life Enrichment Events on this day 3:00 Coffee Social—3rd floor AR	20. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 1:30 Bingo—3rd Floor AR 3:00 Resident Council– AR	21. 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 1:30 Shores Winter Craft—AR 2:30 Coffee Social –AR	22. Dress in your favorite Beach Wear 10:00 Bone Builders, Chapel & 67 11:00 “ The Incredible Life of a Sled Dog” Wildlife Documentary—Natural Kingdom– chapel 45 Minutes 2:00 Beach Boys Beach Party—Bahama Mama's Happy Hour and Beach Ball Game –Grill Area	23.. Flannel Fridays 10:00 Ecumen Exercise, Chapel and Ch 67 10:00 Manicures, Housecoats and Coffee—AR 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	24. 10:00 Gather in the Café for Coffee Social Time! 1:30– Saturday Matinee—”City of Angels” Chapel
25. 10:00 Gather in the Café for Coffee Social Time! Day of Rest & Relaxation	26. 10:00 Ecumen Exercise CH and CH 67 11:00 Gentle Yoga CH \$7 cost payable to the instructor CH and Ch67 11:00 Grief Support Gales (Facility Led) 1:00– Documentary– Animal Winter Wonderland —Chapel 45 minutes 1:00 Bridge Club– CR 2:30 Winter Visit for the Shores—Memory Care 3:00 Care Partners Support– Gales	27. 10:00 Bone Builders , Chapel & Ch 67 11:00 Bible Study, CR 11:00 Ecumen Homecare Information Table– Main Entrance of the Fountains 1:30 Bingo—3rd floor AR 2:30 Birthday Bash	28. . 10:00 Ecumen Exercise, Chapel and CH 67 11:00 Ecumenical Worship Service, Chapel and CH 67 1:30- 3:00 “Get the Scoop of how Life Enrichment can fulfill your day ! Celebrating Life Enrichment Week” Café Ice Cream Cones for everyone	29. 10:00 Bone Builders, Chapel & 67 2:00 Auxiliary Tea in the Chapel— ”Come and learn what it is like to join the Auxiliary”	30. Flannel Fridays 10:00 Ecumen Drumming Exercise, Chapel and Ch 67 2:00 Seated Balloon Volleyball –Chapel Let's have a fun time! 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	31. 10:00 Gather in the Café for Coffee Social Time!