

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 9:30 Fitness Fun Dvd 10:00 Movie & Treat 12:00 Player Piano 2:00 Spiritual Time with Tony 3:00 Vikings Football 5:30 Word Puzzles			Life Enrichment Events are subject to change. Please check daily schedules. Questions/Suggestions: jenrasmussen@ecumen.org New Trax Van <u>every</u> Wed. 9:45 Pickup-Woodbury Walmart			1 9:00 Fitness Fun Dvd in the Lobby 10:00 Music Therapy Dvd-Lobby 11:00 Adult Coloring in the Lobby 1:00 500 Card Club-Game Room 2:30 MN Gopher Football vs MSU 3:45 Player Piano in the Lobby 5:30 Movie & Popcorn in the Lobby Netflix:
2 <u>Daylight Savings ends</u> 9:00 Fitness Fun 10:00 Movie & Treat 12:00 Vikings vs Lions 1:00 500/Cribbage 2:00 Spiritual Time with Tony 3:00 Adult Coloring	3 <u>All Day Bingo</u> 9:30 Facts & History of Bingo with Terra 10:00 Resident Council with Kristin 10:30 Song Bingo with MC Friends 1:30 Regular Bingo with MC Friends 2:30 Ice Cream Social with MC Friends 3:00 Exercise Bingo for Prizes-2nd Fl 3:45 Dobber Bingo with Terra-2nd 6:30 Postal Band Live Music-Lobby	4 9:00 Newspaper with Terra 9:30 National Peanut Butter Day Fun (Terra) 10:00 Fun Doggie Facts with Dawn-2nd Floor 10:45 Sing Along Piano Music with Joan 1:30 Bingo for Prizes with Wendy 3:00 Exciting Concentration with Dawn 3:45 Musical Bean Bag with Dawn 5:30 Live Music with Mary Hall in the Lobby	5 8:45 Newspaper/Coffee/Gazette-2nd Floor 9:15 Carmel Apple Bites/Calendar Review 10:00 Parkinson's Support Group (Virtual) 10:30 Ecumen Wellness Class with Wendy 11:15 Devotions with Wendy in the Chapel 1:00 Virtual Rosary & 500 Club 1:30 Board Game Mania with MC Friends 3:00 Group Crossword Puzzle & Cider 3:45 Shuffleboard with Terra-Game Room	6 <u>Hunting Day</u> 9:00 Newspaper with Jo by the Fireplace 9:30 Manicures for ALL in the Lobby 10:30 Hunting Stories-Facts-Fun 1:30 Living Well with Less Vision-2nd Floor State Services of the Blind (Treats) 2:30 Target Shooting with Wendy 3:00 Faith & Friends with Wendy-Chapel 3:45 Strength Training Class with Terra	7 9:00 Newspaper by the Fireplace (Terra) 9:30 Writing Thankful Notes (Carrie) 10:00 Ecumen Wellness Class 11:00 Transfiguration Mass on 2nd Floor 1:00 Bingo Hall Social with Carrie 1:30 Bingo for Prizes with Wendy 3:00 Balloon Volleyball with Wendy 4:00 Name 10 with a Fall Theme	8 9:00 Fitness Fun Dvd in the Lobby 10:00 Sing Along Dvd in the Lobby 1:00 Catholic Communion-Chapel 1:30 500 Card Club in the Game Rm 2:00 Player Piano in the Lobby 3:00 Word Search Puzzles: Desk 5:30 Movie & Popcorn in the Lobby Netflix:
9 9:00 Fitness Fun 10:00 Movie & Treat 12:00 Vikings Football 1:00 500/Cribbage 2:00 Church Service with River Valley 3:00 Adult Coloring	10 9:00 Newspaper with Mel by the Fireplace 9:30 Things to be Thankful For with Mel 10:00 Wellness Talks with Nurse Dakota 10:45 Ecumen Wellness Class with Mel 1:00 Sweep 6 for prizes with Terra-2nd 1:45 You Tube Concert with Terra-2nd 2:30 National Vanilla Cupcake Day-2nd 3:30 Mexican Train Dominoes with Tom	11 <u>Veterans Day</u> 9:00 Newspaper & Patriotic Poetry 10:00 Red White & Blue Bags-Lobby 10:30 Veterans Day Recognition-Lobby 10:45 Sing Along Piano Music with Joan 1:00 1:1 Visits with Veterans 1:30 Bingo for Prizes with Dawn 2:45 Regional Thanksgiving Foods-2nd Fl. 3:30 Pound Class with Erin & Dawn	12 <u>Crazy Sock Day</u> 9:00 Newspaper/ Coffee/Gazette-Fireplace 9:30 Pet Therapy Visits with Beverly 9:45 Armchair Travel to Scandinavia-1st 10:30 Ecumen Wellness Class with Carrie 11:15 Devotions with Wendy-Chapel 1:00 Virtual Rosary & 500 Club 1:45 Armchair Travel to Scandinavia-2nd 2:30 Song Bingo with Terra-2nd Floor 3:30 Ole & Lena Jokes with Lefse-2nd Floor	13 9:00 Newspaper/Gazette with Wendy 9:30 Manicures for ALL in the Lobby 10:30 Thanksgiving Scavenger Hunt with Jo 1:00 Share the Music (Century College) Live Music & Treats in the Lobby 2:00 Turkey Bingo on Paper with Wendy 3:00 Faith & Friends with Wendy-Chapel 3:45 Strength Training Class with Terra	14 9:00 Newspaper with Dawn-Lobby 9:30 Meditation & Massage with Carrie 10:00 Guess the Food with Dawn 10:45 Ecumen Wellness Class (Carrie) 1:00 SPA Afternoon with MC Friends 2:30 Easy UNO Card Game (Terra) 3:45 Balloon Volleyball in the Lobby 8:00 Gopher Football vs Oregon-BTN	15 9:00 Fitness Fun Dvd in the Lobby 10:00 Comedy Hour Dvd-Lobby 1:00 500 Card Club in the Game Rm 2:00 Adult Coloring in the Game Rm. 3:00 Word Puzzles at the desk 5:00 MN Wild Hockey-Channel 22 5:30 Movie & Popcorn in the Lobby Netflix:
16 9:00 Fitness Fun Dvd 10:00 Movie & Treat 12:00 Vikings Football 1:00 500/Cribbage 2:00 Spiritual Time with Tony 5:00 MN Wild Hockey	17 9:00 Newspaper with Mel in the Lobby 9:30 Pokeno with Mel in the Game Room 10:15 Back Massages with Mel-2nd Floor 10:45 Ecumen Wellness Class with Mel 1:15 Thanksgiving Jingo with Terra-2nd 2:00 Creating Oreo Cookie Turkeys-2nd 3:00 Turkey Find & Treats in the Lobby 3:45 Mexican Train Dominoes with Tom	18 <u>Disney/Superhero Day</u> 9:00 News & More with Wendy-Fireplace 9:30 Family Feud Fun with Wendy 10:00 Who is or was your Hero Growing up 10:45 Sing Along Piano Music with Joan 1:00 1:1 Visits 1:30 Bingo for Prizes with Wendy 2:30 Celebrating Mickey Mouse History 3:45 Balloon Volleyball in the Lobby 5:30 Live Music w/ Mary Hall in the Lobby	19 9:00 Newspaper by the Fireplace 9:30 Pet Therapy & Make Your Point 10:30 Ecumen Wellness Class-2nd Fl 11:15 Devotions with Wendy-Chapel 1:00 Virtual Rosary & 500 Club 1:30 Paint & Sip with Carrie-2nd Floor 2:30 Turkey Trivia with Terra-2nd Fl. 3:00 History & Tasting of Pop Tarts 3:45 Hot Cocoa & Word Ladders-1st	20 <u>Favorite Sweatshirt Day</u> 9:00 Newspaper with Terra by the Fireplace 9:30 Manicures for ALL in the Lobby 10:30 Discuss Cars through the Decades 1:15 Reverse Charades with Jo-Lobby 2:00 Thanksgiving Fact or Fiction with Jo 2:30 Roll A Turkey with Jo-Game Room 3:00 Faith & Friends with Wendy-Chapel 3:45 Strength Training Class-2nd Floor 6:30 Wheel of Fortune in the Lobby	21 9:00 Newspaper with Terra-Lobby 9:30 Holiday Card Photo Shoot-3rd Fl. (2 Free pictures per resident) 10:00 Word Puzzles at the front desk 11:00 Ecumen Wellness Class-2nd Fl. 1:30 Bingo for Prizes with Wendy 3:00 True/Fowl & Poultry Puns-1st 3:45 Balloon Swat with Terra-Lobby 6:30 Wheel of Fortune in the Lobby	22 9:00 Fitness Fun Dvd in the Lobby 10:00 Animal Planet Fun: Lobby TBD Gopher Football vs Northwestern 1:00 Catholic Communion-Chapel 1:30 500/Cribbage Club-Game Rm. 2:00 Adult Coloring in the Game Rm. 3:00 Word Puzzles at the desk 5:30 Movie & Popcorn in the Lobby Netflix:
23 9:30 Fitness Fun Dvd 10:00 Movie & Treat 12:00 Vikings Football 2:00 Church Service: Immanuel Church 3:00 Player Piano 5:30 Word Puzzles	24 9:00 Newspaper & Coffee with Mel-2nd 9:30 Electronic Bingo with Mel-2nd 10:45 Ecumen Wellness Class with Mel 1:15 Person Place or Thing with Terra 2:00 Turkey Pinecone Craft with Terra 2:45 Bunco Fun in the Game Room 3:30 Mexican Train Dominoes with Tom 6:30 Wheel of Fortune in the Lobby	25 <u>Favorite Hat Day</u> 9:00 Positive News with Wendy- Lobby 9:30 Favorite Hats thru the Years 10:00 What's in the Hat with Terra 10:45 Sing Along Piano Music with Joan 1:00 Back Massages with Terra-2nd Floor 1:30 Bingo for Prizes with Dawn 2:45 Baking with MC Friends-2nd Floor 3:30 Pound Class with Erin-2nd Floor 6:30 Wheel of Fortune in the Lobby	26 7:30 Breakfast with Sam & Friends 9:00 Newspaper & Pet Therapy 9:30 Devotions with Wendy-Chapel 9:45 Ecumen Wellness Class 10:30 Birthday Party with Live Music 1:00 Virtual Rosary & 500 Club 2:00 Friendsgiving: Poetry& Pie Social 3:00 Thanksgiving Jingo for Prizes 3:45 Strength Training with Terra	27 <u>Happy Thanksgiving</u> 8:30 Positive News with Dawn-Lobby 9:00 Thanksgiving Jingo with Dawn 9:45 Macys' Day Parade on NBC 10:45 Bingo for Prizes with Dawn 1:00 Cribbage & 500 Cards: Game Rm 3:30 Adult Coloring Sheets in the Lobby 4:00 Player Piano in the Lobby (NFL Football Games on all day)	28 <u>Black Friday</u> 9:00 Newspaper by the Fireplace 9:30 Hangman with Terra-Store Theme 10:00 History of the Price is Right-2nd 10:45 Ecumen Wellness Class (Terra) 1:00 Back Massages with Jo-2nd Fl. 1:30 Bingo for Prizes with Jo-2nd Fl. 3:00 Thanksgiving Trivia with Jo 3:45 Balloon Volleyball with Terra 6:30 Wheel of Fortune in the Lobby	29 9:30 Fitness Fun Dvd in the Lobby 10:00 Sing Along Dvd in the Lobby TBD Gopher Football vs Badgers 1:00 500 Card Club-Game Room 1:30 Player Piano in the Lobby 2:00 Adult Coloring in the Game Rm 3:00 Word Puzzles at the desk 5:30 Movie & Popcorn in the Lobby Netflix: