




Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><i>Activities in Red are to be lead by Resident Assistants</i></p>	 <p><i>CR=2nd Floor Community Room Snacks available anytime</i></p>		1 9:00 Day Starters with Terra 9:45 Pet Therapy with Beverly 10:00 Ecumen Wellness-Terra 11:00 Jokes with Terra 1:00 1:1 Visits with Wendy 1:15 Van Ride - Jen & Wendy 2:15 Make Music with Wendy 3:30 Hydration Station 6:30 Wheel of Fortune	2 Dress Like Fall Day 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Whoga with Terra 10:45 Finish the Phrase-Terra 1:00 1:1 Visits with Carrie 1:30 Lucky Dice Candy-Jo 2:30 Story Telling with Jo 3:30 Hydration Station 6:30 Wheel of Fortune	3 9:00 Day Starters with Jo 9:30 Morning News with Jo 10:15 Ukulele Music Sing-CR 11:00 Catholic Mass - CR 1:00 1:1 Visits with Wendy 1:30 Manicures with Wendy 3:00 Poetry with Wendy 3:30 Hydration Station 6:30 Wheel of Fortune	4 AM Morning News Word Puzzles PM Color Pages Sing Along DVD Hydration Station
5 AM Morning News 8:30 MN Vikings Football from London PM Color Pages Hydration Station	6 9:00 Day Starters with Terra 9:30 Hot Topics with Terra 10:00 Exercise with Terra 10:45 Opposites with Terra 1:00 1:1 Visits with Mel 2:00 Jewelry Making - CR 3:00 Fall Treats w/ Sammie 3:30 Hydration Station 6:30 Wheel of Fortune	7 Favorite Shirt Day 9:00 Day Starters with Terra 9:30 Newspaper with Terra 10:30 Outside Concert -Mary H 1:00 1:1 Visits with Dawn 1:30 Board Games with Dawn 2:30 Bean Bag Toss w/ Dawn 3:00 Reminisce with Dawn 3:30 Hydration Station 6:30 Wheel of Fortune	8 9:00 Day Starters with Terra 9:45 Pet Therapy with Beverly 10:00 Morning News w/ Terra 10:30 Ecumen Wellness - Terra 11:15 Poetry with Terra 1:00 1:1 Visits with Wendy 1:30 Bunco with Wendy 3:00 Finish the Line - Wendy 3:30 Hydration Station	9 MN Wild Hockey Day 9:00 Day Starters with Wendy 9:30 Devotions with Wendy 9:45 Newspaper with Wendy 10:15 Forever Fit with Wendy 10:45 Floor Hockey - CR 1:00 1:1 Visits with Carrie 1:30 Baking with Carrie-CR 2:15 What's in the Box - Jo 3:30 Hydration Station	10 9:15 Day Starters with Carrie 9:30 Wellness Class w/ Carrie 10:15 Flower Arranging-Carrie 11:00 Cleaning Station-Carrie 1:00 1:1 Visits with Wendy 2:00 Manicures and Coloring at the table with Wendy 3:30 Hydration Station 6:30 Wheel of Fortune	11 AM Morning News Movie "Ice Age" PM Color Pages Sing Along DVD Hydration Station
12 AM Morning News Sing Along DVD PM Color Pages Word Puzzles Hydration Station	13 9:00 Day Starters with Terra 9:30 What's New with Terra 10:00 Exercise with Terra 11:00 Rhyming with Terra 1:00 1:1 Visits with Mel 2:00 Electronic Bingo - CR 3:00 Columbus Day discuss 3:30 Hydration Station 6:30 Wheel of Fortune	14 Mismatch Day 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Ecumen Wellness-Terra 10:45 Sing Along with Joan 1:00 1:1 Visits with Dawn 1:30 Delicious Recipes-Dawn 2:30 Rollerball with Dawn 3:30 Hydration Station 6:30 Wheel of Fortune	15 Flannel Day 9:00 Day Starters with Terra 9:45 Pet Therapy with Beverly 10:00 Morning News with Terra 10:30 Ecumen Wellness w/Terra 11:15 Chit Chat with Terra 1:00 1:1 Visits with Wendy 1:30 Devotions with Wendy 2:30 Helping Hand w/ Wendy 3:30 Hydration Station	16 9:00 Day Starters with Wendy 9:15 Mini Spa w/ Friends-CR 10:30 October Birthday Party Live Music-Red Gallagher 1:00 1:1 Visits with Jo 1:30 Sharpen your Senses - Jo 2:30 Move & Groove - Jo 3:30 Hydration Station 6:30 Wheel of Fortune	17 9:00 Day Starters with Terra 9:30 Whoga with Terra 10:15 Jokes with Terra 11:00 Reminiscing with Terra 1:00 1:1 Visits with Jo 1:30 Manicures with Jo 3:00 Make Music w/ Wendy 3:30 Hydration Station 6:30 Wheel of Fortune	18 AM Morning News Movie "The Green Mile" PM Exercise DVD Word Games at the Table Hydration Station
19 AM Morning News Puzzles at the Table PM 12:00 MN Vikings Football Sing Along DVD Hydration Station	20 9:00 Day Starters with Terra 9:30 What's New with Terra 10:00 Ecumen Wellness-Terra 10:45 Silhouettes with Terra 11:15 Visits - House Dog Sam 1:00 1:1 Visits with Mel 1:30 Bingo with Mel 2:45 Table Talk with Mel 3:30 Hydration Station	21 9:00 Day Starters with Dawn 9:30 Morning News w/ Dawn 10:00 Fall Social with Friends 10:45 Sing Along with Joan 1:00 1:1 Visits with Wendy 1:30 Crafting-Barb & Wendy 2:30 Exercise with Wendy 3:30 Hydration Station 5:30 Live Music @ Balcony	22 National Color Day 9:00 Day Starters with Terra 9:45 Pet Therapy with Beverly 10:00 Whoga with Terra 10:45 Colorful Crafting-Terra 11:15 Chit Chat with Terra 1:00 1:1 Visits with Wendy 1:30 Hymn Sing with Wendy 3:00 Create Color with Wendy 3:30 Hydration Station	23 MN Vikings Day 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Ecumen Wellness-Terra 11:00 Rhyming with Terra 1:00 1:1 Visits with Wendy 1:30 Uno Cards with Wendy 2:15 Remember When w/ Jo 3:30 Hydration Station 6:30 Wheel of Fortune	24 9:00 Day Starters w/ Wendy 9:30 Morning News - Wendy 10:30 Active Fun with Terra 11:15 Opposites with Terra 1:00 1:1 Visits with Wendy 1:30 Manicures with Wendy & Coloring at the Table 3:30 Hydration Station 6:30 Wheel of Fortune	25 AM Morning News Sing Along DVD (Susie Q) PM Color Pages Hydration Station Movie "Despicable Me"
26 Morning News Color Pages PM Sing Along DVD Word Searches Hydration Station	27 Pajama/Comfy Day Happy Birthday Marilyn 9:00 Day Starters with Terra 9:30 Morning News w/Terra 10:00 Ecumen Wellness 10:45 Crafting with Terra 1:00 1:1 Visits with Mel 1:30 Bingo Fun with Mel 2:30 Short Stories with Mel 3:30 Hydration Station	28 9:00 Day Starters with Dawn 9:30 Newspaper with Dawn 10:15 Balloon Swat w/ Dawn 10:45 Sing Along with Joan 1:00 1:1 Visits with Terra 1:30 Hand Print Bats w/ Terra 2:30 Story Telling with Terra 3:30 Hydration Station 6:30 Wheel of Fortune	29 National Cat Day 9:00 Day Starters with Terra 9:40 Pet Therapy with Beverly 10:00 Meowning News w/ Terra 10:30 Ecumen Wellness w/Terra 11:15 Reminiscing with Terra 1:00 1:1 Visits with Wendy 1:30 Uno Cards with Wendy 2:30 Cat Coloring with Wendy 3:30 Hydration Station	30 MN Gopher Hockey Day 9:00 Day Starters with Terra 9:30 Morning News w/ Terra 10:00 Exercising with Terra 10:45 Trivia Time with Wendy 1:00 1:1 Visits with Carrie 1:30 Baking w/ Carrie-CR 2:30 Floor Hockey - CR 3:00 Poetry with Terra 3:30 Hydration Station	31 Happy Halloween 9:00 Day Starters with Jo 9:30 Morning News with Jo 10:00 Light Stretch with Jo 11:00 Halloween Party - Live Music Kent Appledoon 1:00 Manicures with Wendy & Halloween Coloring 3:30 Hydration Station 6:30 Wheel of Fortune	<i>All activities are subject to change. You can view this calendar electronically at www.ecumenlakeviewcommons.org</i> <i>If you have any questions, please e-mail Jen at: jenrasmussen@ecumen.org or call 651-773-7275</i>