




Fountains Activities September 2025



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Day of Rest & Relaxation	1. 	2. 10:00 Bone Builders CH/CH67 11:00 Bible Study with Carrie Clubroom 1:30—Ice Cream Treats —Room to room Delivery	3. 11:00 Ecumenical Worship Service CH and Ch 67 11:00 –1:00 End of Summer BBQ– Grill and Grill Courtyard 2:00 Walking Wednesday Afternoon with Exercise in Courtyard	4. 10:00 Bone Builders, Chapel and CH 67	5. 10:00 Ecumen Exercise Chapel and CH 67 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	6. Board and Card Games on each unit – Help Yourself
7. Assisted Living Week.—Sept 7-13 Day of Rest & Relaxation	8. P.J. Day 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor 1:00 Bridge Club– Clubroom 1:00 Movie and Munchies in the Chapel for PJ Day 3:00 Care Partners Support Group– Gales (tenant Led)	9.. Tye Dye Tuesday 10:00 Bone Builders , Chapel & 67 11:00 Bible Study with Carrie Clubroom 11:00 Ecumen Homecare Information Table– Main Entrance 1:30 Groovy Bingo Bash– 1st floor Dining room	10. Wacky Wednesday 10:00 Ecumen Exercise, Chapel 11:00 Ecumenical Worship Service CH and Ch67 2:00 Wacky Show and Tell– Bring in your wackiest item from your place and tell the group about it. Chapel—ch 67	11. Concert T– shirt Day 10:00 Bone Builders, Chapel & 67 2:00 Abe Curran on the Crest Patio—Come and sit, listen to music and make yourself a SMORE to enjoy!	12. Super Hero Day 10:00 Ecumen Exercise Chapel and CH 67 1:30 Manicures—1st floor Dining Room 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	13. Board and Card Games on each unit – Help Yourself
14. Day of Rest & Relaxation	15. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor 1:00 Bridge Club– Clubroom 2:00 Caramel Apple Bar Social with Hot Apple Cider—Chapel 3:00 Care Partners Support Group– Gales (facility Led)	16. National Voter Registration Day 10:00 Bone Builders, Chapel & 67 11:00 Bible Study with Carrie— Clubroom 1:30—Ice Cream Treats —Room to room Delivery 2:00-6:00 Register to Vote—Cascade Café	17. 10:00 Ecumen Exercise, Chapel 11:00 Ecumenical Worship Service CH and Ch67 2:00 Farkle Funtime Tournament—sign up to play –Cascade Café	18. 10:00 Bone Builders, Chapel & 67 6:30 Jackie Micke with her Karaoke in the Grill area. Listen and sing along!	19. 10:00 Ecumen Exercise Chapel 11:00 Lost Superior Documentary—chapel 1:30-2:30 Jazz to the People –Chapel and Ch 67 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	20. Board and Card Games on each unit – Help Yourself
21. Day of Rest & Relaxation	22. First Day of Fall 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor 1:00 Bridge Club– Clubroom 1:00 Fall Travelogue— Hot Apple Cider—Chapel 3:00 Care Partners Support Group– Gales (tenant Led)	23. 10:00 Bone Builders , Chapel & 67 11:00 Bible Study with Carrie Clubroom 11:00 Ecumen Homecare Information Table– Main Entrance	24 10:00 Drumming Exercise Group– Chapel and Ch67 11:00 Ecumenical Worship Service CH and Ch67 2:00 Duluth Superior Symphony Orchestra trio– Chapel and Ch 67	25. 10:00 Bone Builders, Chapel & 67 12:00 Back to School Lunch Lady Luncheon– Chapel 2:30 Resident/Family Council and Coffee– 1st floor Dining Room	26. 10:00 Ecumen Exercise Chapel 2:00 Ted and Rose Music– Grill Area 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	27. Board and Card Games on each unit – Help Yourself
28. Day of Rest & Relaxation	29. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor 1:00 Bridge Club– Clubroom 1:00 Monday Movie—Chapel 3:00 Care Partners Support Group– Gales (tenant Led)	30. 10:00 Bone Builders , Chapel & 67 11:00 Bible Study with Carrie Clubroom 1:30 Bingo Bash– 1st floor Dining room	Calendar is always subject to change	FR=Fireside Room CR=Club Room CH=Chapel LR=Living Room AR=Activity Room LL=Lower Level Ch 67– TV station		