August 2025 MC







Sun	Mon	Tue	Wed	Thu	Fri	Sat
August Birthday's No birthdays in August but we can still celebrate on August 26th.	AR-3rd Floor Activity CR – Club Room CH-Chapel FR – Fireside LL – Lower Level LR – 2nd floor Living Room Channel 67 – TV channel				1. 10:00 Ecumen Exercise- CH 12:45-2:00 One to One Visits— Lemonade Cart 2:00 Active Game 2:30 Coffee Break 3:00 Bingo	2. 10:00-11:00 Saturday Stretch and Move 2:30 Coffee Break
3. 2:30 Coffee Break	4. 10:00 Ecumen Exercise — CH 1:30 Monday Art Session! 2:30 Coffee Break 3:00–4:30 Art and Activities with Britta	5. 10:00 Bone Builders- CH 12:45— 1:15 One to One Visits 1:30 Tuesday Tone— Up! 2:30 Coffee Break 3:00 —4:30 Activities with Britta	6. 10:00 Wallding Wednesdays Exercise—Grill 10:45 Hymn's with Joy 12:45 - 1:45 Walk and talk with Britta 2:00—2:30 Activities with Britta 2:30 Coffee Break 3:00-4:30 Manicures with Britta	7. 10:00 Bone Builders- CH 12:45 - 1:45 Walk and talk with Britta 2:00 Active Game 2:30 Coffee Social 3:00-4:30 Group Exercise with Britta	8. 10:00 Ecumen Exercise- CH 11:00 Lost Duluth Part 2— chapel 12:45-2:00 One to One Visits— Ice Cream Treat Delivery 2:00 Active Game 2:30 Coffee Break	9. 10:00-11:00 Saturday Stretch and Move 2:30 Coffee Break
10. 2:30 Coffee Break	11. 10:00 Ecumen Exercise — CH 1:30 Chamber's music— Chapel 2:30 Coffee Break 3:00-4:30 Activities with Britta	12. 10:00 Bone Builders- CH 1:30 Tuesday Tone— Up! 2:30 Coffee Break 3:00 —4:30 Sing a long with Britta 6:00 Christian Motorcycle Show—Bikes, Brews and Tattoos—Front Entrance	13. 10:00 Walking Wednesdays Exercise—Grill 1:00-2:30 — Manicures 2:30 Coffee Break 3:00 Shores Happy Hour—Mixed Drinks and Melodies 5:30-7:30 Family and Resident Ice Cream Social—Patio	14. 10:00 Bone Builders- CH 2:00 Plunger Ring Toss- Grill Courtyard 2:30 Coffee Social 3:00-4:30 Group Exercise and Activities with Britta	15. 10:00 Ecumen Exercise- CH 11:00 Lost Iron Range Video— Chapel 12:45-2:00 One to One Visits— Cookie Delivery 2:00 Active Game 2:30 Coffee Break 3:00 Bingo	16. 10:00-11:00 Saturday Stretch and Move 2:30 Coffee Break
17 2:30 Coffee Break	18. 10:00 Ecumen Exercise — CH 1:30 Knight Templer Presenta- tion— Chapel 2:30 Coffee Break 3:00-4:30 Art and Activities with Britta	19. 10:00 Bone Builders- CH 12:45-1:15 One to one Visits 1:30 Tuesday Tone-up 2:30 Coffee Break 3:00 —4:30 Activities with Britta	20. 10:00 Walking Wednesdays Exercise— Grill 10:45 Hymn's with Joy 1:00-2:30 Manicures 2:30 Coffee Break 3:00 Garden Time—reminiscing about your favorite summer time flower	21. 10:00-3:00 Used Treasure Sale— Plaza 10:00 Bone Builders- CH 1:30 Todd Eckart on the Crest Patio with State Fair Food 2:30 Coffee Social 3:15 Visit on the Patio with Britta	22. 9:00-12:00 Used Treasure Sale— Plaza 10:00 Ecumen Exercise- CH 1:30 "Here Comes the Bride" Bridal Shower Fun— Café 2:30 Coffee Break 3:00 Bingo	23 10:00-11:00 Saturday Stretch and Move 2:30 Coffee Break
24. 2:30 Coffee Break 31. 2:30 Coffee Break	25. 10:00 Ecumen Exercise — CH 1:30 Reminiscing in the Kitchen 2:30 Coffee Break 3:00-4:30 Activities with Britta	26. 10:00 Bone Builders- CH 12:45-1:15 One to one Visits 1:30 Tuesday Tone-up 2:30 Birthday Bash with Coffee Break 3:00 —4:30 Activities with Britta	27. 10:00 Wallding Wednesdays Exercise—Grill 11:00 Ecumonical Worship—Chapel 2:00 "Jazz to the People" Chapel 2:30 Coffee Break	28. 10:00 Bone Builders- CH 1:00-1:45 Group Exercise 2:30 Coffee Social	9:00-10:30 Coffee with a Cop— Café 1:30 Bingo 2:30 Coffee Break	30. 10:00-11:00 Saturday Stretch and Move 2:30 Coffee Break