

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30 am Walking Club 2:00 pm Bingo 3:15 pm <i>Snack & Chat</i> 7:00 pm <i>XNT Wrestling Channel 16</i> Canada Day	2 10:00 am Ecumen Wellness in 1411 1:30 pm Library Trip 3:15 pm Birthday Party! Evening Catholic Communion	3 10:30 Walking Club 2:00 pm Bingo 3:15 pm <i>Snack & Chat</i> Evening Puzzles	4 10 am <i>Activity Handout</i> 3:15 pm <i>Snack & Chat</i> 7:00 pm <i>Macy's 4th Of July Fireworks Channel 11</i> Independence Day (US)	5 11:00 am <i>Active Sneakers</i> 3:15 pm <i>Snack & Chat</i> 3:30 pm <i>Activity Handout</i> Evening Word Search
6 10:00 am Redwood Chapel Service in 1409 3:30 pm <i>Sunday Devotional Handout</i> 6:00 pm <i>The Lawrence Welk Show Channel 13</i>	7 10:00 am Ecumen Wellness in 1411 3:00 pm Mindful Moments 6:30 pm <i>Wheel of Fortune Channel 11</i>	8 10:30 am Walking Club 2:00 pm Bingo 3:15 pm <i>Snack & Chat</i> 7:00 pm <i>XNT Wrestling Channel 16</i>	9 10:00 am Ecumen Wellness in 1401 1:30 p Cash Wise Trip Evening Catholic Communion	10 10:30 am Walking Club 2:00 pm Bingo 3:15 pm <i>Snack & Chat</i> Evening Puzzles	11 10:00 am Ecumen Wellness in 1411 2:00 pm Bananagrams 5:00 pm <i>Jeopardy Channel 9</i>	12 11:00 am <i>Active Sneakers</i> 3:15 pm <i>Snack & Chat</i> 3:30 pm <i>Activity Handout</i> Evening Word Search
13 10:00 am Redwood Chapel Service in 1409 3:30 pm <i>Sunday Devotional Handout</i> 6:00 pm <i>The Lawrence Welk Show Channel 13</i>	14 10:00 am Ecumen Wellness in 1401 3:00 pm Mindful Moments 6:30 pm <i>Wheel of Fortune Channel 11</i>	15 10:30 am Walking Club 2:00 pm Bingo 3:15 pm <i>Snack & Chat</i> 7:00 pm <i>XNT Wrestling Channel 16</i>	16 10:00 am Ecumen Wellness in 1411 1:30 pm Walmart Trip Evening Catholic Communion	17 10:30 am Walking Club 2:00 pm Bingo 3:15 pm <i>Snack & Chat</i> Evening Puzzles	18 10:00 am Ecumen Wellness in 1401 2:00 pm Dice Games 5:00 pm <i>Jeopardy Channel 9</i>	19 11:00 am <i>Active Sneakers</i> 3:15 pm <i>Snack & Chat</i> 3:30 pm <i>Activity Handout</i> Evening Word Search
20 10:00 am Redwood Chapel Service in 1409 3:30 pm <i>Sunday Devotional Handout</i> 6:00 pm <i>The Lawrence Welk Show Channel 13</i>	21 10:00 am Ecumen Wellness in 1411 3:00 pm Mindful Moments 6:30 pm <i>Wheel of Fortune Channel 11</i>	22 10:30 am Walking Club 1 pm Resident Council 3:00 pm Men's Club 3:15 pm <i>Snack & Chat</i> 7:00 pm <i>XNT Wrestling Channel 16</i>	23 10:00 am Ecumen Wellness in 1401 1:30p Dollar Store Trip Evening Catholic Communion	24 10:30 am Walking Club 3:00 pm Bingo 3:15 pm <i>Snack & Chat</i> Evening Puzzles	25 10:00 am Ecumen Wellness in 1411 2:00 pm Wacky Word Puzzles 5:00 pm <i>Jeopardy Channel 9</i>	26 11:00 am <i>Active Sneakers</i> 3:15 pm <i>Snack & Chat</i> 3:30 pm <i>Activity Handout</i> Evening Word Search
27 10:00 am Redwood Chapel Service in 1409 3:30 pm <i>Sunday Devotional Handout</i> 6:00 pm <i>The Lawrence Welk Show Channel 13</i>	28 10:00 am Ecumen Wellness in 1401 3:00 pm Mindful Moments 6:30 pm <i>Wheel of Fortune Channel 11</i>	29 10:30 am Walking Club 2:00 pm Bingo 3:15 pm <i>Snack & Chat</i> 7:00 pm <i>XNT Wrestling Channel 16</i>	30 10:00 am Ecumen Wellness in 1411 1:30p Coffee Shop Trip Evening Catholic Communion	31 10:30 am Walking Club 2:00 pm Bingo 3:15 pm <i>Snack & Chat</i> Evening Puzzles		