










Fountains July 2025 Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR-3rd Floor Activity CR– Club Room CH-Chapel FR– Fireside LL–Lower Level LR– 2nd floor Living Room	30. Wear your Blue 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (facility led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor 1:00 Bridge Club– Clubroom 2:00 Glenn Laspie Music on the Crest Patio— Hot Dog Bar to celebrate America’s Birthday 3:00 Care Partners Support Group– Gales (facility Led)	1. Wear Red and White 10:00 Bone Builders, Chapel and CH 67 11:00 Ecumen Homecare Information Table– Main Entrance 1:30 Bingo -1st floor Dining Room –Win a Firecracker of a prize	2. Wear Red, White and Blue– prize for best dressed. 10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group 11:00 Ecumencial Worship Service CH and CH67 2:00 “Fishheads” on the Crest Patio– Happy Hour	3. Wear your American Pride 10:00 Bone Builders, Chapel 11:00 Presentation by National Museum of the American Sailor– Attack on Pearl Harbor—Chapel and CH 67 1:00-2:00 Strawberry Floats in the Chapel for residents only prior to Sailor visit 2:00 –4:00 “Ask a Sailor–Navy Outreach—Chapel and CH 67– Come and visit with a Sailor	4  3:30 Praying the Rosary, Chapel	5. Board and Card Games on each unit – Help Yourself
6. 9:00 Bible Study– Chapel and Ch 67 Everyone Welcome	7. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor 1:00 Bridge Club– Clubroom 1:00 Monday Movie” Seabiscuit” Chapel 3:00 Care Partners Support Group– Gales (tenant Led)	8. 10:00 Bone Builders, Chapel and CH 67 11:00 Bible Study, CR 1:30 Ice Cream Cart, In Room Delivery 	9. 10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group 11:00 Ecumencial Worship Service CH and CH67 1:00 Manicures—1st Floor Dining Room	10.  10:00 Bone Builders, Chapel 1:30-3:00 Ice Cream Sundaes compliments of the Lakeshore Auxiliary– Fireside Room 2:00 Tommy Wetruba —Music on the Crest Patio—Grab your Sundae and come listen to the music– WATCH THE TALL SHIPS COME TO DULUTH 	11 10:00 Ecumen Exercise Class, Chapel 11:00 Native Report Season 15 episode 14– Clubroom 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	12. Board and Card Games on each unit – Help Yourself 2:00–3:00 NATE AMOR – Vocalist with Trans Siberian Orchestra to perform Live at Ecumen - Crest Patio
13. 9:00 Bible Study– Chapel and Ch 67 Everyone Welcome	14. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor 1:00 Bridge Club– Clubroom 1:30-3:00 “95 Years of Ecumen Lakeshore” Anniversary Reception— Chapel 3:00 Care Partners Support Group– Gales (facility Led)	15. Wear Flamingos or Pink 10:00 Bone Builders, Chapel and CH 67 11:00 Bible Study, CR 11:00 Ecumen Homecare Information Table– Main Entrance 2:00 Flamingo Bingo Chapel— Come win some great Flamingo Prizes	16. 10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group 11:00 Ecumencial Worship Service CH and CH 67 1:00 “Uno” Match with Heather 2:00 Monarch Butterfly Movie – Clubroom—Come and Learn 	17. 10:00-3:00 Used Treasure Sale— Plaza 10:00 Bone Builders, Chapel 2:00 “Jazz to the People” Chapel and CH 67 —come and listen to some great music. 3:00 “Into the Woods” The Spirituality of Henry David Thoreau—Fireside Room	18. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Native Report Season 15 episode 15 Clubroom 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	19. Board and Card Games on each unit – Help Yourself
20. 9:00 Bible Study– Chapel and Ch 67 Everyone Welcome	21. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor 1:00 Bridge Club– Clubroom 1:00 Monday Movie “The Terminal” Chapel 3:00 Care Partners Support Group– Gales (tenant Led) 6:30 Duluth Symphonic Winds and Wine— Crest Patio—Come and enjoy the music!	22. 10:00 Bone Builders, Chapel and CH 67 11:00 Bible Study, CR 1:30 Ice Cream Cart, In Room Delivery 	23. 10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group 11:00 Ecumencial Worship Service CH and CH67 1:00 Manicures—1st Floor Dining Room	24. 10:00 Bone Builders , Chapel 2:00 Ecumen’s Ping Pong Toss– It’s a true competition —Chapel  3:00 “Into the Woods” The Spirituality of Henry David Thoreau—Fireside Room	25. 10:00 Ecumen Exercise Class, Chapel 11:00 “Glensheen and the Congdon Legacy”—chapel on the Big Screen 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67	26. Board and Card Games on each unit – Help Yourself
27. 9:00 Bible Study– Chapel and Ch 67 Everyone Welcome	28. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor 1:00 Bridge Club– Clubroom 1:00 Monday Movie—Chapel 3:00 Care Partners Support Group– Gales (tenant Led)	29. 10:00 Bone Builders in the Chapel & 67 11:00 Bible Study,CR 11:00 Ecumen Homecare Information Table– Main Entrance 1:30 Bingo– 1st floor Dining Room	30. 10:00 Walking Wednesdays– Grill Courtyard 11:00 Ecumenical Worship Service CH and CH67 1:30 Resident Council and Coffee Social— First Floor Dining room	31. 10:00 Bone Builders , Chapel 1:00-2:00 Book and Puzzle Cart– Room to room 6:00-8:00 “Spice of Life” Music on the Crest Patio—	Calendar is Subject to Change	