








Crest July 2025 Activities



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July Birthdays: America's Birthday- July 4th Marilyn Asp—July 10th Janet Green— July 16th Jim Franck— July 22nd	30. <u>Wear your Blue</u> 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (facility led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to Instructor 1:00 Bridge Club– Clubroom 2:00 <u>Glenn Lespie</u> <u>Music</u> on the Crest Patio— <u>Hot Dog Bar</u> to celebrate America's Birthday 3:00 Care Partners Support Group– Gales (facility Led)	1. Wear <u>Red</u> and White—Canada Day for our Administrator Kristy 10:00 Bone Builders, Chapel and CH 67 11:00 Ecumen Homecare Information Table– Main Entrance 1:30 Crest Bingo –Fireside Room 2:30 Playing Pool– LR 3:00 Welcoming Committee– Clubroom	2. Wear <u>Red</u> , White and <u>Blue</u> – prizes for best dressed. 9:00-10:30 Coffee Social—Fireside Room 10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group 11:00 Ecumenical Worship Service CH and CH67 2:00 “Fishheads” on the Crest Patio– Happy Hour 3:00 Investing Club– Clubroom	3. Wear your American Pride 10:00 Bone Builders, Chapel and CH 67 10:00-12:00 Open Craft Time–AR 11:00 Presentation by National Museum of the American Sailor – Attack on Pearl Harbor—Chapel and CH 67 1:00-2:00 Strawberry Floats in the Chapel for residents only prior to Sailor visit 2:00 –4:00 *Ask a Sailor–Navy Outreach—Chapel and CH 67– Come and visit with a Sailor	4.  3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67 4:30-6:30 Crest Happy Hour– Clubroom	5. Board Games in the Café—put back when done with them 10:00 Gather in the Café for Coffee Social
6. 9:00 Bible Study– Chapel and Ch 67 Everyone Welcome 10:00 Gather in the Café for Coffee Social	7. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to Instructor 1:00 Bridge Club– Clubroom 1:00 Monday Movie “ <u>Seabiscuit</u> ” Chapel 3:00 Care Partners Support Group– Gales (tenant Led)	8. 10:00 Bone Builders, Chapel and Ch 67 11:00 Bible Study, CR 1:30 Crest Bingo– Fireside Room 2:30 Playing Pool—LR	9. 9:00-10:30 Coffee Social—Fireside Room 10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group 11:00 Ecumenical Worship Service CH and CH67 2:00 Book Club– Clubroom	10. 10:00 Bone Builders, Chapel and CH 67 10:00-12:00 Open Craft Time–AR 1:30-3:00 Ice Cream Sundaes compliments of the Lakeshore Auxiliary– Fireside Room 2:00 <u>Tommy Wettrubs</u> —Music on the Crest Patio—Grab your Sundae and come listen to the music– <u>WATCH THE TALL SHIPS COME TO DULUTH</u>  2:30 Playing Pool LR 3:00 Tenant Council Meeting– Gales 3:00 “Into the Woods” The Spirituality of Henry David Thoreau—Fireside Room	11 10:00 Ecumen Exercise Class, Chapel 11:00 Native Report Season 15 episode 14– Clubroom 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67 4:30-6:30 Crest Happy Hour –Clubroom	12. Board Games in the Café—put back when done with them 10:00 Gather in the Café for Coffee Social 2:00–3:00 <u>NATE AMOR</u> – Vocalist with Trans Siberian Orchestra to perform <u>Live at Ecumen</u> –Crest Patio– Happy Hour at 1:30
13. 9:00 Bible Study– Chapel and Ch 67 Everyone Welcome 10:00 Gather in the Café for Coffee Social	14. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to Instructor 1:00 Bridge Club– Clubroom 1:30-3:00 “ <u>95 Years of Ecumen Lakeshore</u> ” Anniversary Reception—Chapel—Cake and Coffee. Come and Celebrate with us! 3:00 Care Partners Support Group– Gales (facility Led)	15. <u>Wear Flamingos or Pink</u> 10:00 Bone Builders, Chapel and CH 67 11:00 Bible Study, CR 11:00 Ecumen Homecare Information Table– Main Entrance 1:30 <u>Flamingo Bingo</u> -Chapel—It’s that time again– <u>Wear pink</u> 2:30 Playing Pool—LR	16. 9:00-10:30 Coffee Social—Fireside Room 10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group 11:00 Ecumenical Worship Service CH and CH 67 2:00 Monarch Butterfly Movie – Clubroom—Come and Learn 	17. 10:00-3:00 Used Treasure Sale—Plaza 10:00-12:00 Open Craft Time –AR 10:00 Bone Builders, Chapel and CH 67 2:00 “Jazz to the People” Chapel and CH 67—come and listen to some great music. 2:30 Playing Pool LR 3:00 “Into the Woods” The Spirituality of Henry David Thoreau—Fireside Room	18. 9:00-12:00 Used Treasure Sale –Plaza 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Native Report Season 15 episode 15 Clubroom 1:30 Fix it Friday AR 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67 4:30-6:30 Crest Happy Hour –Clubroom	19. Board Games in the Café—put back when done with them 10:00 Gather in the Café for Coffee Social
20. 9:00 Bible Study– Chapel and Ch 67 Everyone Welcome 10:00 Gather in the Café for Coffee Social	21. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to Instructor 1:00 Bridge Club– Clubroom 1:00 Monday Movie “ <u>The Terminal</u> ” Chapel 3:00 Care Partners Support Group– Gales (tenant Led) 6:30 <u>Duluth Symphonic Winds and Wine</u> —Crest Patio—Come and enjoy the music!	22. 10:00 Bone Builders, Chapel and CH 67 11:00 Bible Study, CR 1:30 Crest Bingo—Fireside Room 2:30 Playing Pool—LR	23. 9:00-10:30 Coffee Social—Fireside Room 10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group 11:00 Ecumencial Worship Service CH and CH67	24. 10:00-12:00 Open Craft Time-AR 10:00 Bone Builders , Chapel and CH 67 2:00 Ecumen’s Ping Pong Toss– It’s a true competition —Chapel  2:30 Playing Pool LR 3:00 “Into the Woods” The Spirituality of Henry David Thoreau—Fireside Room	25. 10:00 Ecumen Exercise Class, Chapel 11:00 “Glensheen and the Congdon Legacy”—chapel on the Big Screen 3:30 Praying the Rosary, Chapel 4:00 Catholic Mass, Chapel & 67 4:30-6:30 Crest Happy Hour– Clubroom	26. Board Games in the Café—put back when done with them 10:00 Gather in the Café for Coffee Social
27. 9:00 Bible Study– Chapel and Ch 67 Everyone Welcome 10:00 Gather in the Café for Coffee Social	28. 10:00 Ecumen Exercise Class, Chapel and CH 67 11:00 Grief Support –Gales (tenant led) 11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to Instructor 1:00 Bridge Club– Clubroom 1:00 Monday Movie—Chapel 3:00 Care Partners Support Group– Gales (tenant Led)	29. 10:00 Bone Builders in the Chapel & 67 11:00 Bible Study,CR 11:00 Ecumen Homecare Information Table– Main Entrance 1:30 Crest Bingo –Fireside Room 2:30 Playing Pool—LR	30. 9:00-10:30 Coffee Social—Fireside Room 10:00 Walking Wednesdays– Grill Courtyard 11:00 Ecumenical Worship Service CH and CH67	31. 10:00-12:00 Open Craft Time –AR 10:00 Bone Builders , Chapel and CH 67 2:30 Playing Pool LR 6:00-8:00 “Spice of Life” Music on the Crest Patio—Evening Happy Hour.	Calendar is Subject to Change 	
						AR-3rd Floor Activity CR– Club Room CH-Chapel FR– Fireside LL—Lower Level LR– 2nd floor Living Room Channel 67 –TV channel