




Shores July 2025 Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>July Birthdays:</p> <p>America’s Birthday</p> <p>July 4th</p>	<p>30. Wear your Blue</p> <p>10:00 Ecumen Exercise Class, Chapel and CH 67</p> <p>11:00 Grief Support –Gales (facility led)</p> <p>11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to Instructor</p> <p>1:00 Bridge Club– Clubroom</p> <p>2:00 Glenn Lespie Music on the Crest Patio—Hot Dog Bar to celebrate America’s Birthday</p>	<p>1. Wear Red and White</p> <p>10:00 Bone Builders, Chapel and CH 67</p> <p>11:00 Ecumen Homecare Information Table– Main Entrance</p> <p>1:30 Bingo –AR– Win a Firecracker kind of a prize</p> <p>2:30 Playing Pool– LR</p>	<p>2. Wear Red, White and Blue– prizes for best dressed.</p> <p>10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group</p> <p>11:00 Ecumenical Worship Service CH and CH67</p> <p>2:00 “Fishheads” on the Crest Patio– Happy Hour</p>	<p>3. Wear your American Pride</p> <p>10:00 Bone Builders, Chapel and CH 67</p> <p>11:00 Presentation by National Museum of the American Sailor– Attack on Pearl Harbor—Chapel and CH 67</p> <p>1:00-2:00 Strawberry Floats in the Chapel for residents only prior to Sailor visit</p> <p>2:00 –4:00 “Ask a Sailor–Navy Outreach—Chapel and CH 67– Come and visit with a Sailor</p>	<p>4.</p> <p></p> <p>3:30 Praying the Rosary, Chapel</p> <p>4:00 Catholic Mass, Chapel & 67</p>	<p>5.</p> <p>Board Games in the Café—put back when done with them</p> <p>10:00 Gather in the Café for Coffee Social</p> <p>1:30 Saturday Matinee– 3rd Floor AR Room– Come and enjoy a movie this afternoon</p>
<p>6.</p> <p>9:00 Bible Study– Chapel and Ch 67</p> <p>Everyone Welcome</p> <p>10:00 Gather in the Café for Coffee Social</p>	<p>7.</p> <p>10:00 Ecumen Exercise Class, Chapel and CH 67</p> <p>11:00 Grief Support –Gales (tenant led)</p> <p>11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to Instructor</p> <p>1:00 Bridge Club– Clubroom</p> <p>1:00 Monday Movie” Seabiscuit” Chapel</p> <p>3:00 Care Partners Support Group– Gales (tenant Led)</p>	<p>8.</p> <p>10:00 Bone Builders, Chapel and Ch 67</p> <p>11:00 Bible Study, CR</p> <p>1:30 Bingo—AR</p> <p>2:30 Playing Pool—LR</p>	<p>9.</p> <p>10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group</p> <p>11:00 Ecumenical Worship Service CH and CH67</p> <p>2:00 Book Club– Clubroom</p> <p>3:00 Coffee Talk with Sally—AR</p>	<p>10. 10:00 Bone Builders, Chapel and CH 67</p> <p>1:30-3:00 Ice Cream Sundae compliments of the Lakeshore Auxiliary– Fireside Room</p> <p>2:00 Tommy Wotruba—Music on the Crest Patio– Grab your Sundae and come listen to the music– WATCH THE TALL SHIPS COME TO DULUTH</p> <p>2:30 Playing Pool LR</p> <p>3:00 “Into the Woods” The Spirituality of Henry David Thoreau—Fireside Room</p>	<p>11</p> <p>10:00 Ecumen Exercise Class, Chapel</p> <p>10:00 Manicures –AR</p> <p>11:00 Native Report Season 15 episode 14– Clubroom</p> <p>3:30 Praying the Rosary, Chapel</p> <p>4:00 Catholic Mass, Chapel & 67</p>	<p>12.</p> <p>Board Games in the Café—put back when done with them</p> <p>10:00 Gather in the Café for Coffee Social</p> <p>1:30-2:00 Happy Hour– Crest Patio</p> <p>2:00–3:00 NATE AMOR– Vocalist with Trans Siberian Orchestra to perform Live at Ecumen -Crest Patio</p>
<p>13.</p> <p>9:00 Bible Study– Chapel and Ch 67</p> <p>Everyone Welcome</p> <p>10:00 Gather in the Café for Coffee Social</p>	<p>14.</p> <p>10:00 Ecumen Exercise Class, Chapel and CH 67</p> <p>11:00 Grief Support –Gales (tenant led)</p> <p>11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to Instructor</p> <p>1:00 Bridge Club– Clubroom</p> <p>1:30-3:00 “95 Years of Ecumen Lakeshore” Anniversary Reception—Chapel—Cake and Coffee</p> <p>3:00 Care Partners Support Group– Gales (facility Led)</p>	<p>15. Wear Flamingos or Pink</p> <p>10:00 Bone Builders, Chapel and CH 67</p> <p>11:00 Bible Study, CR</p> <p>11:00 Ecumen Homecare Information Table– Main Entrance</p> <p>1:30 Flamingo Bingo –Chapel</p> <p>2:30 Playing Pool—LR</p> <p>3:00 Resident Council—AR</p>	<p>16.</p> <p>10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group</p> <p>11:00 Ecumenical Worship Service CH and CH 67</p> <p>2:00 Monarch Butterfly Movie – Clubroom—Come and Learn</p>	<p>17.</p> <p>10:00-3:00 Used Treasure Sale—Plaza</p> <p>10:00 Bone Builders, Chapel and CH 67</p> <p>2:00 “Jazz to the People” Chapel and CH 67 —come and listen to some great music.</p> <p>2:30 Playing Pool LR</p> <p>3:00 “Into the Woods” The Spirituality of Henry David Thoreau—Fireside Room</p>	<p>18.</p> <p>9:00-12:00 Used Treasure Sale—Plaza</p> <p>10:00 Ecumen Exercise Class, Chapel and CH 67</p> <p>11:00 Native Report Season 15 episode 15 Clubroom</p> <p>1:30 Fix it Friday AR</p> <p>3:30 Praying the Rosary, Chapel</p> <p>4:00 Catholic Mass, Chapel & 67</p>	<p>19.</p> <p>Board Games in the Café—put back when done with them</p> <p>10:00 Gather in the Café for Coffee Social</p> <p>1:30 Saturday Matinee– 3rd Floor AR Room– Come and enjoy a movie this afternoon</p>
<p>20.</p> <p>9:00 Bible Study– Chapel and Ch 67</p> <p>Everyone Welcome</p> <p>10:00 Gather in the Café for Coffee Social</p>	<p>21.</p> <p>10:00 Ecumen Exercise Class, Chapel and CH 67</p> <p>11:00 Grief Support –Gales (tenant led)</p> <p>11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to Instructor</p> <p>1:00 Bridge Club– Clubroom</p> <p>1:00 Monday Movie “The Terminal” Chapel</p> <p>3:00 Care Partners Support Group– Gales (tenant Led)</p> <p>3:00 Coffee Social –AR</p> <p>6:30 Duluth Symphonic Winds and Wine—Crest Patio—Come and enjoy the music!</p>	<p>22.</p> <p>10:00 Bone Builders, Chapel and CH 67</p> <p>11:00 Bible Study, CR</p> <p>1:30 Bingo—AR</p> <p>2:30 Playing Pool—LR</p>	<p>23.</p> <p>10:00 Walking Wednesdays– Grill Courtyard—Outside Exercise Group</p> <p>11:00 Ecumencial Worship Service CH and CH67</p> <p>3:00 Shores Happy Hour—Margaritas</p>	<p>24.</p> <p>10:00 Bone Builders , Chapel and CH 67</p> <p>2:00 Ecumen’s Ping Pong Toss– It’s a true competition –Chapel</p> <p>2:30 Playing Pool LR</p> <p>3:00 “Into the Woods” The Spirituality of Henry David Thoreau— Fireside Room</p>	<p>25.</p> <p>10:00 Ecumen Exercise Class, Chapel</p> <p>10:00 Manicures– AR</p> <p>11:00 “Glensheen and the Congdon Legacy”—chapel on the Big Screen</p> <p>3:30 Praying the Rosary, Chapel</p> <p>4:00 Catholic Mass, Chapel & 67</p>	<p>26.</p> <p>Board Games in the Café—put back when done with them</p> <p>10:00 Gather in the Café for Coffee Social</p> <p>1:30 Saturday Matinee– 3rd Floor AR Room– Come and enjoy a movie this afternoon</p>
<p>27.</p> <p>9:00 Bible Study– Chapel and Ch 67</p> <p>Everyone Welcome</p> <p>10:00 Gather in the Café for Coffee Social</p>	<p>28.</p> <p>10:00 Ecumen Exercise Class, Chapel and CH 67</p> <p>11:00 Grief Support –Gales (tenant led)</p> <p>11:00 Gentle Yoga Chapel and Ch 67 (\$7) payable to instructor</p> <p>1:00 Bridge Club– Clubroom</p> <p>1:00 Monday Movie—Chapel</p> <p>3:00 Care Partners Support Group– Gales (tenant Led)</p> <p>3:00 Coffee Social –AR</p>	<p>29.</p> <p>10:00 Bone Builders in the Chapel & 67</p> <p>11:00 Bible Study,CR</p> <p>11:00 Ecumen Homecare Information Table– Main Entrance</p> <p>1:30 Bingo–AR</p> <p>2:30 Birthday Bash—AR</p> <p>2:30 Playing Pool—LR</p>	<p>30.</p> <p>10:00 Walking Wednesdays– Grill Courtyard</p> <p>11:00 Ecumenical Worship Service CH and CH67</p> <p>3:00 Coffee Talk with Sally—AR</p>	<p>31.</p> <p>10:00 Bone Builders , Chapel and CH 67</p> <p>2:30 Playing Pool LR</p> <p>6:00-8:00 “Spice of Life” Music on the Crest Patio—Evening Happy Hour.</p>	<p>Calendar is Subject to Change</p>	<p>AR-3rd Floor Activity</p> <p>CR– Club Room</p> <p>CH-Chapel</p> <p>FR– Fireside</p> <p>LL—Lower Level</p> <p>LR– 2nd floor Living Room</p> <p>Channel 67 –TV channel</p>

